HAIR ELEMENTS

Patient: Number 101
Sex: Male
Age: 35
Location: Bristol, UK

IWDL

POTENTIALLY TOXIC ELEMENTS

TOXIC ELEMENTS	RESULT µg/g	REFERENCE RANGE
Aluminum	3.6	< 7.0
Antimony	0.11	< 0.066
Arsenic	0.054	< 0.080
Beryllium	< 0.01	< 0.020
Bismuth	0.036	< 0.060
Cadmium	0.20	< 0.15
Lead	0.40	< 2.0
Mercury	4.4	< 1.1
Platinum	< 0.003	< 0.005
Thallium	< 0.001	< 0.010
Thorium	< 0.001	< 0.005
Uranium	0.040	< 0.060
Nickel	0.29	< 0.40
Silver	3.0	< 0.12
Tin	0.07	< 0.30
Titanium	0.19	< 1.0
Total Toxic Representation		

PERCENTILE: 68th, 95th

ESSENTIAL AND OTHER ELEMENTS

ELEMENTS	RESULT µg/g	REFERENCE RANGE
Calcium	1230	200- 750
Magnesium	74	25- 75
Sodium	43	12- 90
Potassium	10	9- 40
Copper	69	10- 28
Zinc	200	130- 200
Manganese	0.25	0.15- 0.65
Chromium	0.49	0.20- 0.40
Vanadium	0.033	0.018- 0.065
Molybdenum	< 0.01	0.025- 0.064
Boron	4.7	0.40- 3.0
Iodine	1.1	0.25- 1.3
Lithium	0.010	0.007- 0.023
Phosphorus	141	160- 250
Selenium	0.61	0.95- 1.7
Strontium	4.1	0.30- 3.5
Sulfur	44900	44500- 52000
Barium	0.96	0.16- 1.6
Cobalt	0.018	0.013- 0.035
Iron	7.7	5.4- 13
Germanium	0.027	0.045- 0.065
Rubidium	0.013	0.011- 0.12
Zirconium	0.34	0.020- 0.44

PERCENTILE: 2.5th, 16th, 50th, 84th, 97.5th

SPECIMEN DATA

COMMENTS:

Date Collected: 11/14/2006
Date Received: 11/17/2006
Date Completed: 11/22/2006

Methodology: ICP-MS

Sample Size: 0.2 g
Sample Type: Head
Hair Color:
Treatment:
Shampoo:

V06.99

RATIOS

ELEMENTS	RATIOS	EXPECTED RANGE
Ca/Mg	16.6	4- 30
Ca/P	8.72	0.8- 8
Na/K	4.3	0.5- 10
Zn/Cu	2.9	4- 20
Zn/Cd	> 999	> 800

HAIR ELEMENTS

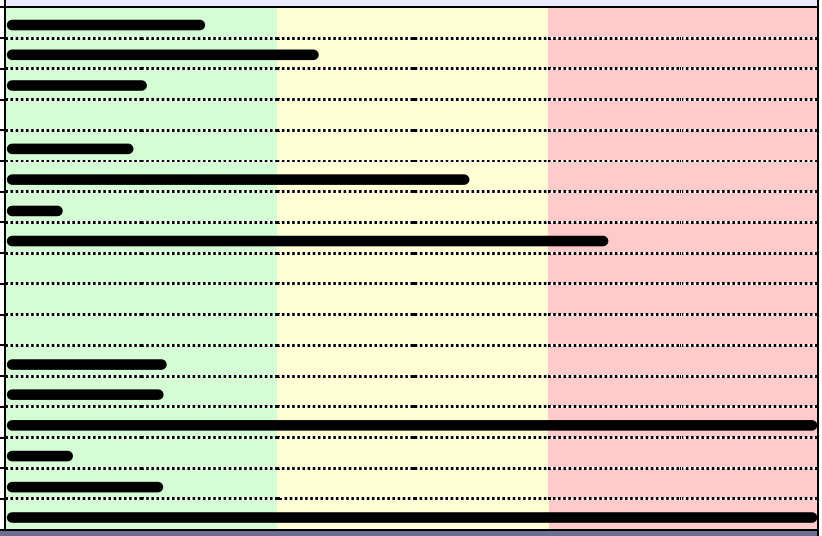
Patient: Number 101a
Age: 35
Sex: Male
Location: Bristol, UK

IWDL

POTENTIALLY TOXIC ELEMENTS

TOXIC ELEMENTS	RESULT µg/g	REFERENCE RANGE
Aluminum	5.1	< 7.0
Antimony	0.080	< 0.066
Arsenic	0.045	< 0.080
Beryllium	< 0.01	< 0.020
Bismuth	0.028	< 0.060
Cadmium	0.57	< 0.15
Lead	0.36	< 2.0
Mercury	4.1	< 1.1
Platinum	< 0.003	< 0.005
Thallium	< 0.001	< 0.010
Thorium	< 0.001	< 0.005
Uranium	0.035	< 0.060
Nickel	0.23	< 0.40
Silver	1.9	< 0.12
Tin	0.08	< 0.30
Titanium	0.58	< 1.0
Total Toxic Representation		

PERCENTILE: 68th, 95th



ESSENTIAL AND OTHER ELEMENTS

ELEMENTS	RESULT µg/g	REFERENCE RANGE
Calcium	965	200- 750
Magnesium	51	25- 75
Sodium	11	12- 90
Potassium	3	9- 40
Copper	54	10- 28
Zinc	220	130- 200
Manganese	0.16	0.15- 0.65
Chromium	0.52	0.20- 0.40
Vanadium	0.025	0.018- 0.065
Molybdenum	0.021	0.025- 0.064
Boron	0.84	0.40- 3.0
Iodine	0.38	0.25- 1.3
Lithium	0.009	0.007- 0.023
Phosphorus	185	160- 250
Selenium	1.2	0.95- 1.7
Strontium	5.1	0.30- 3.5
Sulfur	45700	44500- 52000
Barium	1.8	0.16- 1.6
Cobalt	0.021	0.013- 0.035
Iron	11	5.4- 13
Germanium	0.041	0.045- 0.065
Rubidium	0.003	0.011- 0.12
Zirconium	1.0	0.020- 0.44

PERCENTILE: 2.5th, 16th, 50th, 84th, 97.5th

SPECIMEN DATA

COMMENTS: A071321

Date Collected: 12/2/2007
Date Received: 16/2/2007
Date Completed: 22/2/2007

Methodology: ICP-MS

Sample Size: 0.202 g
Sample Type: Head
Hair Color:
Treatment:
Shampoo:

V06.99

RATIOS

ELEMENTS	RATIOS	EXPECTED RANGE
Ca/Mg	18.9	4- 30
Ca/P	5.22	0.8- 8
Na/K	3.67	0.5- 10
Zn/Cu	4.07	4- 20
Zn/Cd	386	> 800

Elemental Analysis Hair

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Patient: Number 101b
Sex: Male
Age: 35
Location: Bristol, UK

Completed: June 08, 2007
Received: June 06, 2007
Collected: May 31, 2007

Toxic Elements

Element	Reference Range	Reference Range in µg/g
Aluminum	5.0	<= 17.3
Antimony	0.019	<= 0.016
Arsenic	0.107	<= 0.080
Barium	1.59	<= 1.70
Bismuth	0.102	<= 0.178
Cadmium	0.046	<= 0.022
Gadolinium	0.0005	<= 0.0005
Lead	0.388	<= 0.700
Mercury	2.25	<= 1.32
Nickel	0.18	<= 0.55
Rhodium	0.0003	<= 0.0005
Rubidium	0.006	<= 0.040
Thallium	<dl	<= 0.0004
Tin	0.035	<= 0.149
Uranium	0.0135	<= 0.0057

Nutrient Elements

Element	Reference Range	Reference Range in µg/g
Calcium	1,508	192-1,588
Chromium	0.22	0.01-1.58
Cobalt	0.022	0.001-0.129
Copper	29	8-136
Iron	9.4	5.2-24.4
Magnesium	61	11-122
Manganese	0.14	0.04-1.93
Molybdenum	0.03	0.01-1.24
Phosphorous	123	104-206
Selenium	1.25	0.58-1.13
Sodium	7	14-426
Strontium	4.88	0.01-4.40
Sulfur	50,975	41,781-60,894
Vanadium	0.094	0.003-0.108
Zinc	173	119-245

	Reference Range	
Lithium	<dl	<= 0.302
Potassium	4	<= 174

Ratios

	Inside Range	Outside Range	Reference Range
Ca/Mg	25		5-29
Ca/P		12	1-9

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HAIR ELEMENTS

PATIENT:Hair Test 101c
SEX: Male
AGE: 34
Location: Bristol, UK

POTENTIALLY TOXIC ELEMENTS

TOXIC ELEMENTS	RESULT µg/g	REFERENCE RANGE
Aluminum	9.5	< 7.0
Antimony	0.035	< 0.066
Arsenic	0.030	< 0.080
Beryllium	< 0.01	< 0.020
Bismuth	0.009	< 2.0
Cadmium	0.070	< 0.15
Lead	0.58	< 2.0
Mercury	1.1	< 1.1
Platinum	< 0.003	< 0.005
Thallium	< 0.001	< 0.010
Thorium	< 0.001	< 0.005
Uranium	0.059	< 0.060
Nickel	0.15	< 0.40
Silver	0.62	< 0.12
Tin	0.04	< 0.30
Titanium	0.41	< 1.0
Total Toxic Representation		

PERCENTILE: 68th, 95th

ESSENTIAL AND OTHER ELEMENTS

ELEMENTS	RESULT µg/g	REFERENCE RANGE
Calcium	584	200- 750
Magnesium	190	25- 75
Sodium	8	12- 90
Potassium	< 3	9- 40
Copper	18	10- 28
Zinc	200	130- 200
Manganese	0.14	0.15- 0.65
Chromium	0.34	0.20- 0.40
Vanadium	0.060	0.018- 0.065
Molybdenum	0.040	0.025- 0.064
Boron	0.94	0.40- 3.0
Iodine	0.37	0.25- 1.3
Lithium	< 0.004	0.007- 0.023
Phosphorus	209	160- 250
Selenium	1.3	0.95- 1.7
Strontium	1.8	0.30- 3.5
Sulfur	51400	44500- 52000
Barium	0.57	0.16- 1.6
Cobalt	0.014	0.013- 0.035
Iron	10	5.4- 13
Germanium	0.021	0.045- 0.065
Rubidium	0.007	0.011- 0.12
Zirconium	0.28	0.020- 0.44

PERCENTILE: 2.5th, 16th, 50th, 84th, 97.5th

SPECIMEN DATA

COMMENTS:

Date Collected: 8/15/2007
Date Received: 8/18/2007
Date Completed: 8/25/2007

Methodology: ICP-MS

Sample Size: 0.201 g
Sample Type: Head
Hair Color: Brown
Treatment:
Shampoo:

V06.99

RATIOS

ELEMENTS	RATIOS	EXPECTED RANGE
Ca/Mg	3.07	4- 30
Ca/P	2.79	0.8- 8
Na/K	2.67	0.5- 10
Zn/Cu	11.1	4- 20
Zn/Cd	> 999	> 800

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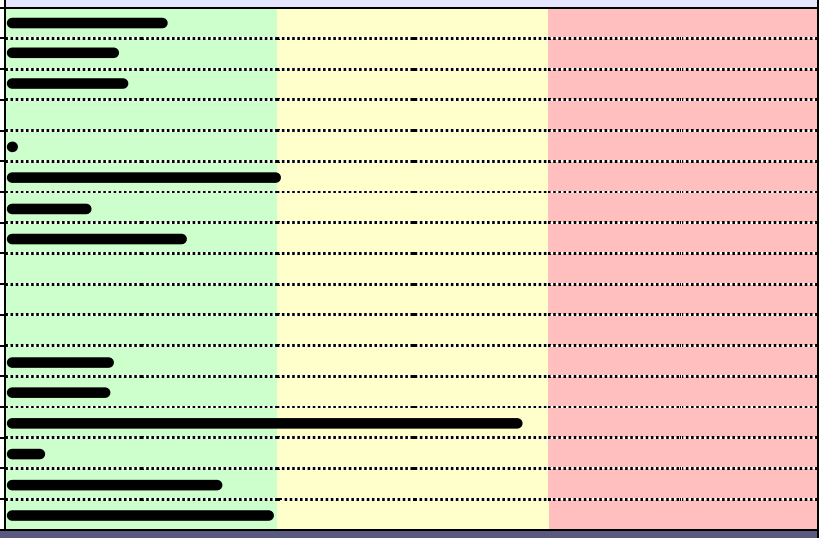
HAIR ELEMENTS

PATIENT: Number 101d
SEX: Male
AGE: 34
Location: Bristol, UK

POTENTIALLY TOXIC ELEMENTS

TOXIC ELEMENTS	RESULT µg/g	REFERENCE RANGE
Aluminum	**4.1**	< 7.0
Antimony	**0.032**	< 0.066
Arsenic	**0.040**	< 0.080
Beryllium	**< 0.01**	< 0.020
Bismuth	**0.008**	< 2.0
Cadmium	**0.16**	< 0.15
Lead	**0.58**	< 2.0
Mercury	**0.73**	< 1.1
Platinum	**< 0.003**	< 0.005
Thallium	**< 0.001**	< 0.010
Thorium	**< 0.001**	< 0.005
Uranium	**0.023**	< 0.060
Nickel	**0.15**	< 0.40
Silver	**0.49**	< 0.12
Tin	**0.05**	< 0.30
Titanium	**0.80**	< 1.0
Total Toxic Representation		

PERCENTILE: 68th, 95th



ESSENTIAL AND OTHER ELEMENTS

ELEMENTS	RESULT µg/g	REFERENCE RANGE
Calcium	**955**	200- 750
Magnesium	**89**	25- 75
Sodium	**15**	12- 90
Potassium	**7**	9- 40
Copper	**24**	10- 28
Zinc	**230**	130- 200
Manganese	**0.14**	0.15- 0.65
Chromium	**0.37**	0.20- 0.40
Vanadium	**0.040**	0.018- 0.065
Molybdenum	**0.026**	0.025- 0.064
Boron	**0.21**	0.40- 3.0
Iodine	**0.26**	0.25- 1.3
Lithium	**< 0.004**	0.007- 0.023
Phosphorus	**216**	160- 250
Selenium	**1.2**	0.95- 1.7
Strontium	**4.1**	0.30- 3.5
Sulfur	**47300**	44500- 52000
Barium	**1.2**	0.16- 1.6
Cobalt	**0.012**	0.013- 0.035
Iron	**14**	5.4- 13
Germanium	**0.033**	0.045- 0.065
Rubidium	**0.004**	0.011- 0.12
Zirconium	**0.095**	0.020- 0.44

PERCENTILE: 2.5th, 16th, 50th, 84th, 97.5th

SPECIMEN DATA

COMMENTS:

Date Collected: **1/16/2008**
Date Received: **1/22/2008**
Date Completed: **1/24/2008**

Methodology: **ICP-MS**

Sample Size: **0.195 g**
Sample Type: **Head**
Hair Color: **Brown**
Treatment:
Shampoo: **Dove**

V06.99

RATIOS

ELEMENTS	RATIOS	EXPECTED RANGE
Ca/Mg	**10.7**	4- 30
Ca/P	**4.42**	0.8- 8
Na/K	**2.14**	0.5- 10
Zn/Cu	**9.58**	4- 20
Zn/Cd	**> 999**	> 800

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HAIR ELEMENTS

PATIENT: Number 101e
SEX: Male
AGE: 35
Location: Bristol, UK

POTENTIALLY TOXIC ELEMENTS

TOXIC ELEMENTS	RESULT µg/g	REFERENCE RANGE
Aluminum	**4.8**	< 7.0
Antimony	**0.054**	< 0.066
Arsenic	**0.047**	< 0.080
Beryllium	**< 0.01**	< 0.020
Bismuth	**0.040**	< 2.0
Cadmium	**0.10**	< 0.15
Lead	**0.85**	< 2.0
Mercury	**0.72**	< 1.1
Platinum	**< 0.003**	< 0.005
Thallium	**< 0.001**	< 0.010
Thorium	**< 0.001**	< 0.005
Uranium	**0.018**	< 0.060
Nickel	**0.22**	< 0.40
Silver	**0.49**	< 0.12
Tin	**0.05**	< 0.30
Titanium	**0.32**	< 1.0
Total Toxic Representation		

PERCENTILE: 68th, 95th

ESSENTIAL AND OTHER ELEMENTS

ELEMENTS	RESULT µg/g	REFERENCE RANGE
Calcium	**1030**	200- 750
Magnesium	**74**	25- 75
Sodium	**12**	12- 90
Potassium	**7**	9- 40
Copper	**78**	10- 28
Zinc	**210**	130- 200
Manganese	**0.41**	0.15- 0.65
Chromium	**0.62**	0.20- 0.40
Vanadium	**0.059**	0.018- 0.065
Molybdenum	**0.030**	0.025- 0.064
Boron	**0.35**	0.40- 3.0
Iodine	**0.26**	0.25- 1.3
Lithium	**0.004**	0.007- 0.023
Phosphorus	**155**	160- 250
Selenium	**1.0**	0.95- 1.7
Strontium	**4.5**	0.30- 3.5
Sulfur	**52600**	44500- 52000
Barium	**2.5**	0.16- 1.6
Cobalt	**0.022**	0.013- 0.035
Iron	**12**	5.4- 13
Germanium	**0.035**	0.045- 0.065
Rubidium	**0.011**	0.011- 0.12
Zirconium	**0.30**	0.020- 0.44

PERCENTILE: 2.5th, 16th, 50th, 84th, 97.5th

SPECIMEN DATA

COMMENTS:

Date Collected: **4/28/2008**
Date Received: **5/1/2008**
Date Completed: **5/3/2008**

Methodology: **ICP-MS**

Sample Size: **0.201 g**
Sample Type: **Head**
Hair Color: **Brown**
Treatment:
Shampoo: **Aussie Mipalle**

V06.99

RATIOS

ELEMENTS	RATIOS	EXPECTED RANGE
Ca/Mg	**13.9**	4- 30
Ca/P	**6.65**	0.8- 8
Na/K	**1.71**	0.5- 10
Zn/Cu	**2.69**	4- 20
Zn/Cd	**> 999**	> 800

HAIR ELEMENTS

PATIENT: Number 101f
SEX: Male
AGE: 35

POTENTIALLY TOXIC ELEMENTS

TOXIC ELEMENTS	RESULT µg/g	REFERENCE RANGE
Aluminum	**8.2**	< 7.0
Antimony	**0.028**	< 0.066
Arsenic	**0.047**	< 0.080
Beryllium	**< 0.01**	< 0.020
Bismuth	**0.024**	< 2.0
Cadmium	**0.096**	< 0.15
Lead	**0.59**	< 2.0
Mercury	**0.52**	< 1.1
Platinum	**< 0.003**	< 0.005
Thallium	**< 0.001**	< 0.010
Thorium	**0.001**	< 0.005
Uranium	**0.017**	< 0.060
Nickel	**0.64**	< 0.40
Silver	**0.98**	< 0.12
Tin	**0.14**	< 0.30
Titanium	**0.32**	< 1.0
Total Toxic Representation		

PERCENTILE: 68th, 95th

ESSENTIAL AND OTHER ELEMENTS

ELEMENTS	RESULT µg/g	REFERENCE RANGE
Calcium	**1820**	200- 750
Magnesium	**140**	25- 75
Sodium	**18**	12- 90
Potassium	**10**	9- 40
Copper	**28**	10- 28
Zinc	**250**	130- 200
Manganese	**0.23**	0.15- 0.65
Chromium	**0.40**	0.20- 0.40
Vanadium	**0.039**	0.018- 0.065
Molybdenum	**0.043**	0.025- 0.064
Boron	**0.40**	0.40- 3.0
Iodine	**0.77**	0.25- 1.3
Lithium	**0.012**	0.007- 0.023
Phosphorus	**147**	160- 250
Selenium	**1.0**	0.95- 1.7
Strontium	**9.6**	0.30- 3.5
Sulfur	**48600**	44500- 52000
Barium	**3.0**	0.16- 1.6
Cobalt	**0.010**	0.013- 0.035
Iron	**11**	5.4- 13
Germanium	**0.038**	0.045- 0.065
Rubidium	**0.009**	0.011- 0.12
Zirconium	**0.26**	0.020- 0.44

PERCENTILE: 2.5th, 16th, 50th, 84th, 97.5th

SPECIMEN DATA

COMMENTS:

Date Collected: **9/20/2008**
Date Received: **9/25/2008**
Date Completed: **9/26/2008**

Methodology: **ICP-MS**

Sample Size: **0.2 g**
Sample Type: **Head**
Hair Color: **Brown**
Treatment:
Shampoo: **Jj Baby**

V06.99

RATIOS

ELEMENTS	RATIOS	EXPECTED RANGE
Ca/Mg	**13**	4- 30
Ca/P	**12.4**	0.8- 8
Na/K	**1.8**	0.5- 10
Zn/Cu	**8.93**	4- 20
Zn/Cd	**> 999**	> 800

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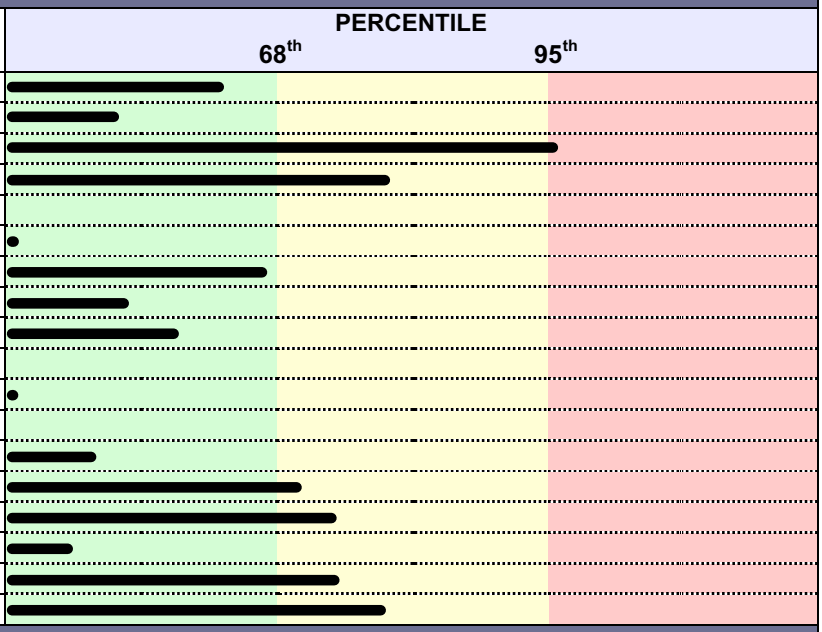
HAIR ELEMENTS

PATIENT: Number 101g
SEX: Male
AGE: 35

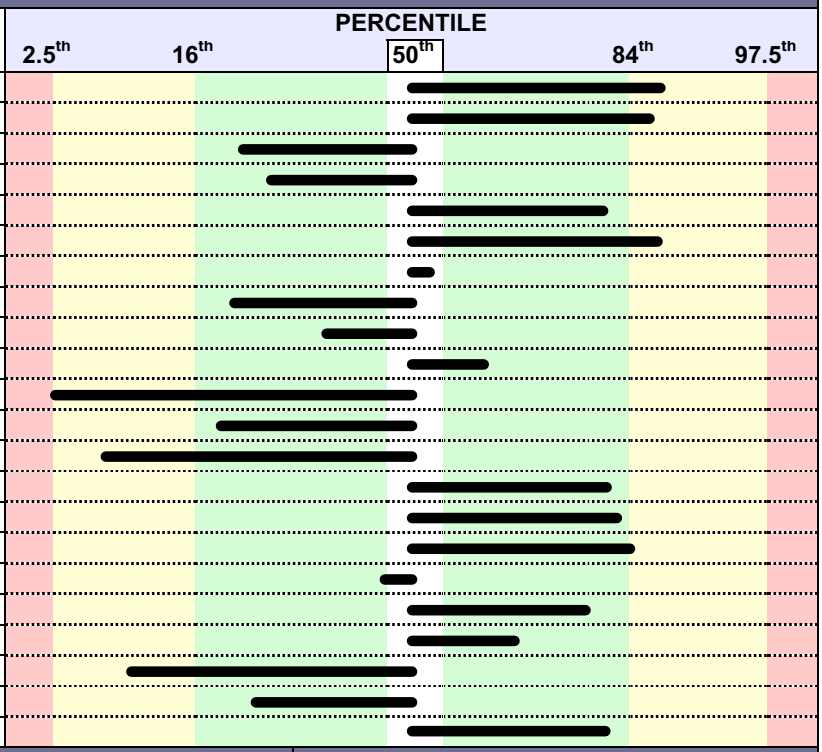
POTENTIALLY TOXIC ELEMENTS

TOXIC ELEMENTS	RESULT µg/g	REFERENCE RANGE
Aluminum	5.6	< 7.0
Antimony	0.032	< 0.066
Arsenic	0.23	< 0.080
Barium	1.9	< 1.0
Beryllium	< 0.01	< 0.020
Bismuth	0.015	< 2.0
Cadmium	0.063	< 0.065
Lead	0.35	< 0.80
Mercury	0.51	< 0.80
Platinum	< 0.003	< 0.005
Thallium	0.001	< 0.002
Thorium	< 0.001	< 0.002
Uranium	0.019	< 0.060
Nickel	0.24	< 0.20
Silver	0.18	< 0.08
Tin	0.08	< 0.30
Titanium	0.70	< 0.60
Total Toxic Representation		



ESSENTIAL AND OTHER ELEMENTS

ELEMENTS	RESULT µg/g	REFERENCE RANGE
Calcium	1040	200– 750
Magnesium	99	25– 75
Sodium	27	20– 180
Potassium	14	9– 80
Copper	29	11– 30
Zinc	220	130– 200
Manganese	0.18	0.08– 0.50
Chromium	0.42	0.40– 0.70
Vanadium	0.025	0.018– 0.065
Molybdenum	0.047	0.025– 0.060
Boron	0.20	0.40– 3.0
Iodine	0.27	0.25– 1.8
Lithium	0.005	0.007– 0.020
Phosphorus	218	150– 220
Selenium	1.2	0.70– 1.2
Strontium	4.1	0.30– 3.5
Sulfur	46600	44000– 50000
Cobalt	0.018	0.004– 0.020
Iron	13	7.0– 16
Germanium	0.028	0.030– 0.040
Rubidium	0.016	0.011– 0.12
Zirconium	0.42	0.020– 0.44



SPECIMEN DATA

COMMENTS:

Date Collected:	1/16/2009	Sample Size:	0.202 g
Date Received:	1/20/2009	Sample Type:	Head
Date Completed:	1/21/2009	Hair Color:	Blond
Client Reference:		Treatment:	
Methodology:	ICP-MS	Shampoo:	Jj Baby

V010.08

RATIOS

ELEMENTS	RATIOS	EXPECTED RANGE
Ca/Mg	10.5	4– 30
Ca/P	4.77	0.8– 8
Na/K	1.93	0.5– 10
Zn/Cu	7.59	4– 20
Zn/Cd	> 999	> 800

HAIR ELEMENTS

PATIENT: Number 101h
SEX: Male
AGE: 36

POTENTIALLY TOXIC ELEMENTS

TOXIC ELEMENTS	RESULT µg/g	REFERENCE RANGE
Aluminum	4.4	< 7.0
Antimony	0.024	< 0.066
Arsenic	0.075	< 0.080
Barium	1.3	< 1.0
Beryllium	< 0.01	< 0.020
Bismuth	0.015	< 2.0
Cadmium	0.036	< 0.065
Lead	1.3	< 0.80
Mercury	0.48	< 0.80
Platinum	< 0.003	< 0.005
Thallium	< 0.001	< 0.002
Thorium	< 0.001	< 0.002
Uranium	0.074	< 0.060
Nickel	0.21	< 0.20
Silver	0.24	< 0.08
Tin	0.06	< 0.30
Titanium	0.47	< 0.60
Total Toxic Representation		

PERCENTILE: 68th, 95th

ESSENTIAL AND OTHER ELEMENTS

ELEMENTS	RESULT µg/g	REFERENCE RANGE
Calcium	648	200- 750
Magnesium	84	25- 75
Sodium	4	20- 180
Potassium	4	9- 80
Copper	52	11- 30
Zinc	210	130- 200
Manganese	0.41	0.08- 0.50
Chromium	0.39	0.40- 0.70
Vanadium	0.028	0.018- 0.065
Molybdenum	0.052	0.025- 0.060
Boron	0.85	0.40- 3.0
Iodine	0.87	0.25- 1.8
Lithium	0.004	0.007- 0.020
Phosphorus	158	150- 220
Selenium	0.86	0.70- 1.2
Strontium	2.3	0.30- 3.5
Sulfur	46600	44000- 50000
Cobalt	0.020	0.004- 0.020
Iron	11	7.0- 16
Germanium	0.031	0.030- 0.040
Rubidium	0.006	0.011- 0.12
Zirconium	0.20	0.020- 0.44

PERCENTILE: 2.5th, 16th, 50th, 84th, 97.5th

SPECIMEN DATA

COMMENTS:

Date Collected: 6/30/2009
Date Received: 7/7/2009
Date Completed: 7/9/2009
Client Reference:
Methodology: ICP-MS

Sample Size: 0.2 g
Sample Type: Head
Hair Color: Brown
Treatment:
Shampoo:

V010.08

RATIOS

ELEMENTS	RATIOS	EXPECTED RANGE
Ca/Mg	7.71	4- 30
Ca/P	4.1	0.8- 8
Na/K	1	0.5- 10
Zn/Cu	4.04	4- 20
Zn/Cd	> 999	> 800

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Hair Test 101

Notes

Updated July 2007

http://www.livingnetwork.co.za/healingnetwork/hairtest.html

Hello,Here is my 1st hair test done in nov 2006, 1 month after 3 amalgams removed with no protection whatsoever. I was extremely ill. I was bed ridden with AS. could not tolerate any food or liquid of any kind, was depressed, has cracked skin on fingers, swollen yellow coated tongue, blocked ears, night and morning cramp in my abs and legs, brain fog, and a total inability to deal with any stress or decision making. I had bad stomach pain made worse by eating. I would feel fat full and bloated after only eating a tiny amount of food and i was severely constipated. I was not chelating but reading about it. Dietwise i had been on the very beneficial 'No Starch Diet' NSD for AS. It had been very successful up until about 3 months previously when the pain began to creep back. Then after Amalgam removal the pain skyrocketed. However nearly all of the food i was consuming was high mercury, high sulphur and/or high copper (lots of green leafy veg, eggs, meat and lots of fish especially tinned tuna). 3 months later in feb 2007 this is my 2nd hair test. I had still done no chelation up to now. I was still very ill with all the symptoms described above. I had been trying a huge amount of therapies for what i thought was an AS flare up for no specific reason. Dietwise it was the same. although i had tried cutting out much of the fish hoping this would help. I had been to see several GP's a Rhumatologist, and a naturopath who recommended Zeolites, Magnesium and Chlorella. I tried these but was reluctant to take Chlorella as i had read Amalgam Illness by now and knew that i could make me worse.
A month later i started chelation on 25mg DMSA.
Supplementing with:
Vit C - 2g 2x per dayVit B complex (thorne research 12) 1 capsule per dayVit E - 400iu 2x per daySodium Selenate - 200mcg 2x per dayZinc Sulphate - 18mg 1x per daymagnesium chloride - 50mg 1x per dayAmonium Molybdate - 150mcg 2x per dayMilk ThistleOn 2nd round i stopped because of excessive kidney pain and 5 days later was in hospital with excruciating back spasms.5 weeks later i started again at 6mg DMSA, 3 on 4 off. I progressed slowly up to 12.5mg making excellent progress with all symptoms and after round 11 in early June i got my 3rd hair test done.
Unfortunately they changed format and posted me the results rather than emailed. They also did not give me results for Copper or Silver, both of which i was very interested in. I shall send these results as soon as i get home again.Any knowledge that you can give me as regards these results would be hugely appreciatedKind regardsC