DOCTOR'S DATA INC

SEX: Male
AGE: 33

279 Walkers Mills Rd
Bethel, ME 04217 U.S.A.

Suggestions for your consideration
Always work with your Doctor.
With love & hope, Dr. Amy

[Handwritten top:] Muscle Fatigue Caps & Inflammatory Pathway Caps as needed

Toxic & Essential Elements; Hair

TOXIC METALS

		RESULT μg/g	REFERENCE INTERVAL	PERCENTILE 68th 95th
Aluminum	(Al)	1.3	< 7.0	
Antimony	(Sb)	< 0.01	< 0.066	
Arsenic	(As)	0.021	< 0.080	
Barium	(Ba)	0.15	< 1.0	
Beryllium	(Be)	< 0.01	< 0.020	
Bismuth	(Bi)	< 0.002	< 2.0	
Cadmium	(Cd)	< 0.009	< 0.065	
Lead	(Pb)	0.13	< 0.80	
Mercury	(Hg)	0.09	< 0.80	
Platinum	(Pt)	< 0.003	< 0.005	
Thallium	(Tl)	< 0.001	< 0.002	
Thorium	(Th)	< 0.001	< 0.002	
Uranium	(U)	0.001	< 0.060	
Nickel	(Ni)	0.04	< 0.20	
Silver	(Ag)	0.01	< 0.08	
Tin	(Sn)	0.02	< 0.30	
Titanium	(Ti)	0.27	< 0.60	
Total Toxic Representation				

[Handwritten note across percentile column:] In spite of SUPER HIGH selenium you are not excreting much. Selenium needs METHYLATION to detoxify it and your cobalt is low. What kind of selenium are you using??

ESSENTIAL AND OTHER ELEMENTS

		RESULT μg/g	REFERENCE INTERVAL	PERCENTILE 2.5th 16th 50th 84th 97.5th
Calcium	(Ca)	760	200– 750	
Magnesium	(Mg)	39	25– 75	
Sodium	(Na)	56	20– 180	
Potassium	(K)	4	9– 80	
Copper	(Cu)	11	11– 30	
Zinc	(Zn)	180	130– 200	
Manganese	(Mn)	0.03	0.08– 0.50	
Chromium	(Cr)	0.34	0.40– 0.70	
Vanadium	(V)	0.024	0.018– 0.065	
Molybdenum	(Mo)	0.070	0.025– 0.060	
Boron	(B)	0.19	0.40– 3.0	
Iodine	(I)	0.22	0.25– 1.8	
Lithium	(Li)	0.005	0.007– 0.020	
Phosphorus	(P)	135	150– 220	
Selenium	(Se)	2.9	0.70– 1.2	
Strontium	(Sr)	1.2	0.30– 3.5	
Sulfur	(S)	47500	44000– 50000	
Cobalt	(Co)	< 0.002	0.004– 0.020	
Iron	(Fe)	6.6	7.0– 16	
Germanium	(Ge)	0.032	0.030– 0.040	
Rubidium	(Rb)	< 0.003	0.011– 0.12	
Zirconium	(Zr)	< 0.007	0.020– 0.44	

[Handwritten notes in margins:] TriMag · Potassium Krebs + ATP 1-2 caps · chromium · Be sure molybdenum is supported · MTR cap (Boron) · runs urine Iodine · All in One + Be Calm (Lithium) · ATP + Ribos phos (Phosphorus/Selenium) · HOW MUCH selenium & what type are you adding · How much selenium & what type are you adding · + Hydroxy & Adenosyl B12 + ATP (Cobalt) · Adenosyl B12 (Iron) · + Potassium (Rubidium) · + MTHFr Liver (Zirconium)

SPECIMEN DATA

COMMENTS: *[Handwritten:] Work on methylation: PS/PE/PC + DHA + All in One + Be Calm + ATP + Hydroxy & Adenosyl B12 & 1-2 drops methylmate B THEN RERUN a HMT in 3 months to check levels*

Date Collected: 04/02/2016
Date Received: 04/11/2016
Date Completed: 04/13/2016
Methodology: ICP/MS

Sample Size: 0.2 g
Sample Type: Head
Hair Color:
Treatment:
Shampoo:

RATIOS

ELEMENTS	RATIOS	RANGE
Ca/Mg	19.5	4– 30
Ca/P	5.63	0.8– 8
Na/K	14	0.5– 10
Zn/Cu	16.4	4– 20
Zn/Cd	> 999	> 800

Heath history for hair test 1187

1. What are your current symptoms and health history?

My health history. Chronic anxiety, sweating, fear, brain fog, not able to think at all, bad memory and concentration. Not being a real person and not maturing mentally. Bad liver and adrenals

Current symptoms: little anxiety and fear, little sweating, still brain fog partly because of weak adrenals. But i know that chelation has done a lot mentally and emotionally.

2. Dental history (Wisdom teeth removed and when? Any other extractions. First root canal placed? Braces? First amalgam etc…)

In total 5 amalgam fillings. But my mother had all teeth filled. All 5 are removed Feb 2014. No other   extractions because my dentist did not use heavy metals with root canal. Got my first filling between 13-   15 years of age.

3. What dental work do you currently have in place? What part of the dental clean-up have you completed?

Before i started chelation in Feb 2014, all 5 fillings were replaced by

4. What dentistry did your mother have at any time before or during pregnancy?

Lot of problems with teeth, root canals. Had all teeth filled to the brim. Already before pregnancy. My brother also has signs of mercury.

5. What vaccinations have you had and when (including flu and especially travel shots)?

I had measles, mumps, rubella shot.

6. Supplements and medications (including dosages) taken at time of hair test, or for the 3-6 months before the sample was taken?

Vitamin C - 6 grams

Vitamin B 50 - 1 tablet

Silly marin - 3x 400mg

Magnesium - 800 mg

Molybdenum - 600 mg

Cod liver oil (A and D) - 4x 1250 iu 135iu

Archichoke - 3x 250 mg

Omega 3 (EPA, DHA) - 4x 180mg 120mg

Pregnenolone - 50 mg

7 keto - 50 mg

Inositol - 6 gram

Activated charcoal - 10 gram

Zinc picolinate - 80 mg

Nettle root - 500 mg

selenium - 2x 200mg

Pantotenic acid - 2x 500 mg

7.   What is your age, height and weight?

Male, 33 years old, 170 cm and 65 kg.

8.   Other information you feel may be relevant?

9.   What is your location – city & country (so that we can learn where certain toxins are more prevalent).

Hoogeveen, Drenthe, The Netherlands, Earth!