

SEX: Female

AGE: 39

CLIENT #: 39238

DOCTOR: , MD

Neurological Research Institute Llc

279 Walkers Mills Rd

Suggestions for your consideration.

Bethel, ME 04217 U.S.A. As always, work with your Doctor.

With love & hape, Dr. Army

concorn 3

what is your

Toxic & Essential Elements; Hair

|           |      | TOXIC          | METALS                |  |  |
|-----------|------|----------------|-----------------------|--|--|
|           |      | RESULT<br>µg/g | REFERENCE<br>INTERVAL | 68 <sup>th</sup> PERCENTILE 95 <sup>th</sup> |  |
| Aluminum  | (AI) | 1.3            | < 7.0                 | MITHE LIVE CORS                              |  |
| Antimony  | (Sb) | < 0.01         | < 0.050               | +ATP   |  |
| Arsenic   | (As) | 0.013          | < 0.060               |  |  |
| Barium    | (Ba) | 0.20           | < 2.0                 |  |  |
| Beryllium | (Be) | < 0.01         | < 0.020               | All none+                                    |  |
| Bismuth   | (Bi) | 0.009          | < 2.0                 | BeWnt  |  |
| Cadmium   | (Cd) | < 0.009        | < 0.050               | PSPERC                                       |  |
| Lead      | (Pb) | 0.05           | < 0.60                | + DHA+                                       |  |
| Mercury   | (Hg) | 0.06           | < 0.80                | Old moter B                                  |  |
| Platinum  | (Pt) | < 0.003        | < 0.005               |  |  |
| Thallium  | (TI) | < 0.001        | < 0.002               |  |  |
| Thorium   | (Th) | < 0.001        | < 0.002               |  |  |
| Uranium   | (U)  | 0.027          | < 0.060               | Ultifed                                      |  |
| Nickel    | (Ni) | 0.05           | < 0.30                |  |  |
| Silver    | (Ag) | < 0.006        | < 0.15                | ATP + Ribos phos                             |  |
| Tin       | (Sn) | 0.03           | < 0.30                | + MILLOTORE                                  |  |
| Titanium  | (Ti) | 0.21           | < 0.70                |  |  |



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With love & hope, Dr. Amy

| ESSENTIAL AND OTHER ELEMENTS |            |                |                       |                                    |  |
|------------------------------|------------|----------------|-----------------------|------------------------------------|--|
|                              |            | RESULT<br>μg/g | REFERENCE<br>INTERVAL | 2.5 <sup>th</sup> 16 <sup>th</sup> | RCENTILE 84 <sup>th</sup> 97.5 <sup>th</sup> |
| Calcium                      | (Ca)       | 405            | 300- 1200             |                                    |  |
| Magnesium                    | (Mg)       | 110            | 35- 120               |                                    |  |
| Sodium                       | (Na)       | 4              | 20- 250               |                                    | Aarobic 07                                   |
| Potassium                    | (K)        | 7              | 8- 75                 |                                    | + Potessium                                  |
| Copper                       | (Cu)       | 15             | 11- 37                |                                    | + MITOFORE                                   |
| Zinc                         | (Zn)       | 220            | 140- 220              |                                    | +ATP   |
| Manganese                    | (Mn)       | 0.07           | 0.08- 0.60            |                                    |  |
| Chromium                     | (Cr)       | 0.36           | 0.40- 0.65            |                                    | For co                                       |
| Vanadium                     | (V)        | 0.012          | 0.018- 0.065          |                                    | \\   |
| Molybdenum                   | (Mo)       | 0.022          | 0.020- 0.050          |                                    | Molybalarun                                  |
| Boron                        | (B)        | 0.52           | 0.25- 1.5             |                                    | - CO+  |
| lodine                       | <b>(l)</b> | 0.46           | 0.25- 1.8             |                                    | Black Bar                                    |
| Lithium                      | (Li)       | 0.005          | 0.007- 0.020          |                                    | BIONSHUUS                                    |
| Phosphorus                   | (P)        | 180            | 150- 220              |                                    | minerals                                     |
| Selenium                     | (Se)       | 0.84           | 0.55- 1.1             |                                    | * + Allinone                                 |
| Strontium                    | (Sr)       | 0.36           | 0.50- 7.6             | WALL C                             | - +Back                                      |
| Sulfur                       | (S)        | 45800          | 44000- 50000          | Cop                                |  |
| Cobalt                       | (Co)       | 0.004          | 0.005- 0.040          | `C                                 | Bleak Bas                                    |
| Iron Dendali                 | (Fe)       | 5.2            | 7.0- 16               | C                                  | +Hydrow                                      |
| Germanium                    | ← (Ge)     | 0.039          | 0.030- 0.040          | K took MUH                         | 2 3. C                                       |
| Rubidium                     | (Rb)       | 0.017          | 0.007- 0.096          | > 8/24                             | Hanosy                                       |
| Zirconium                    | va (Zr)    | 0.014          | 0.020- 0.42           |                                    | 8120   |





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## Toxic & Essential Elements; Hair

|                        | The Park of the Pa | TOXIC          | METALS                |                                   |
|------------------------|--|----------------|-----------------------|-----------------------------------|
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| Arsenic                | (As)   | 0.013          | < 0.060               |                                   |
| Barium                 | (Ba)   | 0.20           | < 2.0                 |                                   |
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| Bismuth                | (Bi)   | 0.009          | < 2.0                 |                                   |
| Cadmium                | (Cd)   | < 0.009        | < 0.050               |                                   |
| Lead                   | (Pb)   | 0.05           | < 0.60                |                                   |
| Mercury                | (Hg)   | 0.06           | < 0.80                |                                   |
| Platinum               | (Pt)   | < 0.003        | < 0.005               |                                   |
| Thallium               | (TI)   | < 0.001        | < 0.002               |                                   |
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| Nickel                 | (Ni)   | 0.05           | < 0.30                |                                   |
| Silver                 | (Ag)   | < 0.006        | < 0.15                |                                   |
| Tin                    | (Sn)   | 0.03           | < 0.30                |                                   |
| Titanium               | (Ti)   | 0.21           | < 0.70                |                                   |
| Total Toxic Representa | tion   |                |                       |                                   |

| ESSENTIAL AND OTHER ELEMENTS |      |                |                       |  |
|------------------------------|------|----------------|-----------------------|--|
|                              |      | RESULT<br>μg/g | REFERENCE<br>INTERVAL | PERCENTILE 2.5 <sup>th</sup> 16 <sup>th</sup> 50 <sup>th</sup> 84 <sup>th</sup> 97.5 <sup>th</sup> |
| Calcium                      | (Ca) | 405            | 300- 1200             |  |
| Magnesium                    | (Mg) | 110            | 35- 120               |  |
| Sodium                       | (Na) | 4              | 20- 250               |  |
| Potassium                    | (K)  | 7              | 8- 75                 |  |
| Copper                       | (Cu) | 15             | 11- 37                |  |
| Zinc                         | (Zn) | 220            | 140- 220              |  |
| Manganese                    | (Mn) | 0.07           | 0.08- 0.60            |  |
| Chromium                     | (Cr) | 0.36           | 0.40- 0.65            |  |
| Vanadium                     | (V)  | 0.012          | 0.018- 0.065          |  |
| Molybdenum                   | (Mo) | 0.022          | 0.020- 0.050          |  |
| Boron                        | (B)  | 0.52           | 0.25- 1.5             |  |
| lodine                       | (1)  | 0.46           | 0.25- 1.8             |  |
| Lithium                      | (Li) | 0.005          | 0.007- 0.020          |  |
| Phosphorus                   | (P)  | 180            | 150- 220              |  |
| Selenium                     | (Se) | 0.84           | 0.55- 1.1             |  |
| Strontium                    | (Sr) | 0.36           | 0.50- 7.6             |  |
| Sulfur                       | (S)  | 45800          | 44000- 50000          |  |
| Cobalt                       | (Co) | 0.004          | 0.005- 0.040          |  |
| Iron                         | (Fe) | 5.2            | 7.0- 16               |  |
| Germanium                    | (Ge) | 0.039          | 0.030- 0.040          |  |
| Rubidium                     | (Rb) | 0.017          | 0.007- 0.096          |  |
| Zirconium                    | (Zr) | 0.014          | 0.020- 0.42           |  |

| SF                         |                          | RATIOS   |        |         |
|----------------------------|--------------------------|----------|--------|---------|
| COMMENTS:                  |                          | ELEMENTS | RATIOS | RANGE   |
|                            |                          | Ca/Mg    | 3.68   | 4- 30   |
| Date Collected: 07/18/2017 | Sample Size: 0.204 g     | Ca/P     | 2.25   | 1- 12   |
| Date Received: 07/21/2017  | Sample Type: Head        | Na/K     | 0.571  | 0.5- 10 |
| Date Completed: 07/22/2017 | Hair Color: Blond        | Zn/Cu    | 14.7   | 4- 20   |
| Methodology: ICP/MS        | Treatment:               | Zn/Cd    | > 999  | > 800   |
|                            | Shamnoo Everyday Coconut |          |        |         |

## Hair Test 1361

- 1. Brain fog, Adrenal issues, decision making, relationships, restless legs, shaky hands, sore muscles, cannot handle stress well, occasional panic attacks if put over the edge, circular thinking, anxiety, bad pain in all joints of arms if I overwork lately.
- 2. Wisdom teeth removed at age 18, 6 total amalgams placed from age 13-26
- 3. Six amalgams removed with the safety damn etc. from July- Nov. 2016 at age 39. One crown in place at that time also.
- 4. My mother had at least 10 amalgams before my birth.
- 5. I have had all the typical childhood vaccinations since birth, the boosters for those vaccines and a series of 3 Hepatitis B shots for an adoption in the family at age 11, travel shots at age 18 for a Bolivia mission trip.
- 6. At time of hair test was taking Innate Prenatal supplement w/ iodine, zinc and magnesium. No medications.
- 7. Age 40, 5'8", 130 lbs.
- 8. Other random health history:

Our family did Rife treatments for chronic Lyme back in 2010 ( seems like Lyme symptoms and mercury poisoning symptoms are very similar?)

I had a miscarriage at 12wks., one month before I took the the hair test.

Right after my amalgam removals I did a 3 month stint of mercury detox by Tom McGuire no chelators, but a lot of clorella and ALA, glutathione, MSM etc.

I would like to feel better, but I feel overwhelmed reading the yellow book by Dr Cutler-Any advise on a next step to be taken would be appreciated.