

SEX: Male AGE: 40 CLIENT #: 39238 DOCTOR: , MD

Neurological Research Institute Llc

279 Walkers Mills Rd Suggestions for your consideration.
Bethel, ME 04217 U.S.A. Als always, work with your Doctor.

With love & hope, Dr. Amy

## Toxic & Essential Elements; Hair

|                       |        | TOXIC          | METALS                |                                   |  |
|-----------------------|--------|----------------|-----------------------|-----------------------------------|--|
|                       |        | RESULT<br>μg/g | REFERENCE<br>INTERVAL | 68 <sup>th</sup> 95 <sup>th</sup> |  |
| Aluminum              | (AI)   | 3.2            | < 7.0                 |                                   |  |
| Antimony              | (Sb)   | < 0.01         | < 0.066               |                                   |  |
| Arsenic               | (As)   | 0.044          | < 0.080               |                                   |  |
| Barium                | (Ba)   | 0.18           | < 1.0                 |                                   |  |
| Beryllium             | (Be)   | < 0.01         | < 0.020               |                                   |  |
| Bismuth               | (Bi)   | 0.011          | < 2.0                 |                                   |  |
| Cadmium               | (Cd)   | < 0.009        | < 0.065               |                                   |  |
| Lead                  | (Pb)   | 0.48           | < 0.80                |                                   |  |
| Mercury               | (Hg)   | 0.34           | < 0.80                |                                   |  |
| Platinum              | (Pt)   | < 0.003        | < 0.005               |                                   |  |
| Thallium              | (TI)   | < 0.001        | < 0.002               |                                   |  |
| Thorium               | (Th)   | 0.001          | < 0.002               |                                   |  |
| Uranium               | (U)    | 0.003          | < 0.060               |                                   |  |
| Nickel                | (Ni)   | 0.05           | < 0.20                |                                   |  |
| Silver                | (Ag)   | 0.44           | < 0.08                |                                   |  |
| Tin                   | (Sn)   | 0.02           | < 0.30                |                                   |  |
| Titanium              | (Ti)   | 0.22           | < 0.60                |                                   |  |
| Total Toxic Represent | tation |                |                       |                                   |  |

|            |      | ESSENTIAL AND  | OTHER ELEMENTS        |  |
|------------|------|----------------|-----------------------|--|
|            |      | RESULT<br>μg/g | REFERENCE<br>INTERVAL | PERCENTILE 2.5 <sup>th</sup> 16 <sup>th</sup> 50 <sup>th</sup> 84 <sup>th</sup> 97.5 <sup>th</sup> |
| Calcium    | (Ca) | 224            | 200- 750              |  |
| Magnesium  | (Mg) | 37             | 25- 75                |  |
| Sodium     | (Na) | 16             | 20- 180               |  |
| Potassium  | (K)  | 9              | 9- 80                 |  |
| Copper     | (Cu) | 130            | 11- 30                |  |
| Zinc       | (Zn) | 180            | 130- 200              |  |
| Manganese  | (Mn) | 0.09           | 0.08- 0.50            |  |
| Chromium   | (Cr) | 0.45           | 0.40- 0.70            |  |
| Vanadium   | (V)  | 0.045          | 0.018- 0.065          |  |
| Molybdenum | (Mo) | 0.027          | 0.025- 0.060          |  |
| Boron      | (B)  | 0.42           | 0.40- 3.0             |  |
| lodine     | (I)  | 0.44           | 0.25- 1.8             |  |
| Lithium    | (Li) | < 0.004        | 0.007- 0.020          |  |
| Phosphorus | (P)  | 141            | 150- 220              |  |
| Selenium   | (Se) | 0.91           | 0.70- 1.2             |  |
| Strontium  | (Sr) | 0.28           | 0.30- 3.5             |  |
| Sulfur     | (S)  | 45700          | 44000- 50000          |  |
| Cobalt     | (Co) | 0.003          | 0.004- 0.020          |  |
| Iron       | (Fe) | 6.9            | 7.0- 16               |  |
| Germanium  | (Ge) | 0.032          | 0.030- 0.040          |  |
| Rubidium   | (Rb) | 0.012          | 0.011- 0.12           |  |
| Zirconium  | (Zr) | < 0.007        | 0.020- 0.44           |  |

| SF                         | RATIOS               |          |        |         |
|----------------------------|----------------------|----------|--------|---------|
| COMMENTS:                  |                      | ELEMENTS | RATIOS | RANGE   |
|                            |                      | Ca/Mg    | 6.05   | 4- 30   |
| Date Collected: 07/24/2017 | Sample Size: 0.202 g | Ca/P     | 1.59   | 0.8- 8  |
| Date Received: 07/29/2017  | Sample Type: Head    | Na/K     | 1.78   | 0.5- 10 |
| Date Completed: 08/01/2017 | Hair Color:          | Zn/Cu    | 1.38   | 4- 20   |
| Methodology: ICP/MS        | Treatment:           | Zn/Cd    | > 999  | > 800   |
| 37                         | Shampoo:             |          |        |         |



LAB #: H181001-2122-1 PATIENT: Emil Ceder ID: CEDER-E-00003

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## Toxic & Essential Elements; Hair

|           |      | TOXIC          | METALS                |  |  |
|-----------|------|----------------|-----------------------|--|--|
|           |      | RESULT<br>μg/g | REFERENCE<br>INTERVAL | 68 <sup>th</sup> PERCENTILE 95 <sup>th</sup> |  |
| Aluminum  | (AI) | 3.0            | < 7.0                 |  |  |
| Antimony  | (Sb) | < 0.01         | < 0.066               |  |  |
| Arsenic   | (As) | 0.028          | < 0.080               |  |  |
| Barium    | (Ba) | 0.28           | < 1.0                 |  |  |
| Beryllium | (Be) | < 0.01         | < 0.020               |  |  |
| Bismuth   | (Bi) | 0.003          | < 2.0                 |  |  |
| Cadmium   | (Cd) | < 0.009        | < 0.065               |  |  |
| Lead      | (Pb) | 0.43           | < 0.80                |  |  |
| Mercury   | (Hg) | 0.42           | < 0.80                |  |  |
| Platinum  | (Pt) | < 0.003        | < 0.005               |  |  |
| Thallium  | (TI) | < 0.001        | < 0.002               |  |  |
| Thorium   | (Th) | 0.001          | < 0.002               |  |  |
| Uranium   | (U)  | 0.002          | < 0.060               |  |  |
| Nickel    | (Ni) | 0.06           | < 0.20                |  |  |
| Silver    | (Ag) | 0.59           | < 0.08                |  |  |
| Tin       | (Sn) | 0.02           | < 0.30                |  |  |
| Titanium  | (Ti) | 0.25           | < 0.60                |  |  |

|            |      | ESSENTIAL AND  | OTHER ELEMENTS        |   |  |  |
|------------|------|----------------|-----------------------|---|--|--|
|            |      | RESULT<br>μg/g | REFERENCE<br>INTERVAL | PERCENTILE  2.5 <sup>th</sup> 16 <sup>th</sup> 50 <sup>th</sup> 84 <sup>th</sup> 97.5 <sup>th</sup> |  |  |
| Calcium    | (Ca) | 345            | 200- 750              |   |  |  |
| Magnesium  | (Mg) | 39             | 25- 75                |   |  |  |
| Sodium     | (Na) | 11             | 20- 180               |   |  |  |
| Potassium  | (K)  | 5              | 9- 80                 |   |  |  |
| Copper     | (Cu) | 110            | 11- 30                |   |  |  |
| Zinc       | (Zn) | 190            | 130- 200              |   |  |  |
| Manganese  | (Mn) | 0.13           | 0.08- 0.50            |   |  |  |
| Chromium   | (Cr) | 0.35           | 0.40- 0.70            |   |  |  |
| Vanadium   | (V)  | 0.022          | 0.018- 0.065          |   |  |  |
| Molybdenum | (Mo) | 0.059          | 0.025- 0.060          |   |  |  |
| Boron      | (B)  | 0.29           | 0.40- 3.0             |   |  |  |
| lodine     | (I)  | 0.47           | 0.25- 1.8             |   |  |  |
| Lithium    | (Li) | < 0.004        | 0.007- 0.020          |   |  |  |
| Phosphorus | (P)  | 150            | 150- 220              |   |  |  |
| Selenium   | (Se) | 1.3            | 0.70- 1.2             |   |  |  |
| Strontium  | (Sr) | 0.38           | 0.30- 3.5             |   |  |  |
| Sulfur     | (S)  | 48100          | 44000- 50000          |   |  |  |
| Cobalt     | (Co) | 0.003          | 0.004- 0.020          |   |  |  |
| Iron       | (Fe) | 7.5            | 7.0- 16               |   |  |  |
| Germanium  | (Ge) | 0.034          | 0.030- 0.040          |   |  |  |
| Rubidium   | (Rb) | 0.008          | 0.011- 0.12           |   |  |  |
| Zirconium  | (Zr) | 0.011          | 0.020- 0.44           |   |  |  |

| SF                         | RATIOS               |          |        |         |
|----------------------------|----------------------|----------|--------|---------|
| COMMENTS:                  |                      | ELEMENTS | RATIOS | RANGE   |
|                            |                      | Ca/Mg    | 8.85   | 4- 30   |
| Date Collected: 08/30/2018 | Sample Size: 0.198 g | Ca/P     | 2.3    | 0.8- 8  |
| Date Received: 10/01/2018  | Sample Type: Head    | Na/K     | 2.2    | 0.5- 10 |
| Date Completed: 10/04/2018 | Hair Color: Blond    | Zn/Cu    | 1.73   | 4- 20   |
| Methodology: ICP/MS        | Treatment:           | Zn/Cd    | > 999  | > 800   |
|                            | Shampoo:             |          |        |         |

- 1) Migraines, Brain fog, Physical and mental fatigue, "Can't think" (very hard to analyze, plan, structure, make conclusions), Depression, Attacks of melancholy/sadness, Avoids social interaction, Low mood, Irritation, Low motivation, Nothing is fun, Process impressions are very tiring (avoids watching TV and driving), Tachycardia, Pacemaker dependent
- 2) 9 amalgam fillings placed before 7 years of age, 3 of them was also redone after only 1 year. 5 out of 9 was in baby teeth and was dropped at age 10, but the remaining 4 was in place for almost 35 years.
- 3) The 4 remaining amalgam fillings was safely replaced with ceramic onlays 1 year ago (age 40), also have a couple of older plastic fillings.
- 4) Amalgam fillings
- 5) All the regular child vaccinations in Sweden between 1977-1990 (11 shots), also some other vaccinations between then and now.
- 6) Multivitamin (changed to one without copper and iron after the hair test) Selenium 200mcg/day Iron (due to low blood iron test) Vitamin C 3g/day Vitamin E 1000 IU/day Magnesium taurate/glycinate 700mg/day Zinc 30 mg/day Thorne ACE 2x50mg/day Q10 100mg/day Omega 3 700mg/day

**B-complex** 

Thorne S.A.T (Silybin, Artichoke, Curcurium)

- 7) The hair test was taken during Cutler chelation, after approx. 5 months of weekly rounds (first DMSA only and later DSMA/ALA rounds)
- 8) Countryside in Sweden