#### HAIR ELEMENTS



**PATIENT: Number 278** 

SEX: Female AGE: 38

LOCATION: Concord, CA (San francisco), USA

POTENTIALLY TOXIC ELEMENTS								
TOXIC	RESULT	REFERENCE	WENTO	PERCENTI	F			
ELEMENTS	μg/g	RANGE	68					
Aluminum	μ <u>g/g</u> 5.4	< 7.0			<b>D</b>		30	
Antimony	0.030	< 0.050			<del></del>			
Arsenic	0.065	< 0.060						
Barium	1.3	< 2.0			······································	·····		
Beryllium	< 0.01	< 0.020	-		······································	·····		
Bismuth	0.11	< 2.0		·····		·····		
Cadmium	0.044	< 0.050		·····		·····		
Lead	0.36	< 0.60				·····		
Mercury	1.0	< 0.80			······································			
Platinum	< 0.003	< 0.005	<del> </del>		••••••			
Thallium	< 0.001	< 0.002	<del> </del>	***************************************	······································			
Thorium	< 0.001	< 0.002	<del> </del>	***************************************	······································			
Uranium	0.023	< 0.060		······				
Nickel	0.11	< 0.30		_	-			
Silver	0.17	< 0.15						
Tin	0.25	< 0.30			_			
Titanium	0.44	< 0.70				·····		
Total Toxic Represent								****
ESSENTIAL AND OTHER ELEMENTS								
	RESULT	REFERENCE		2111 114 1		PERCENTI	F	
ELEMENTS	μg/g	RANGE	2.5 <sup>th</sup>	16 <sup>ti</sup>	h	50 <sup>th</sup>		4 <sup>th</sup> 97.5 <sup>th</sup>
Calcium	363	300- 1200	2.0			- 00		1 01.0
Magnesium	59	35- 120	<del> </del>					······
Sodium	110	20- 250	······				 D	······
Potassium	70	8- 75	······					• • • • • • • • • • • • • • • • • • • •
Copper	12	11- 37	<del>-</del>					• • • • • • • • • • • • • • • • • • • •
Zinc	150	140- 220						• • • • • • • • • • • • • • • • • • • •
Manganese	0.15	0.08- 0.60		•••••••••••••••••••••••••••••••••••••••		•		• · · · · · · · · · · · · · · · · · · ·
Chromium	0.27	0.40- 0.65		······································				• · · · · · · · · · · · · · · · · · · ·
Vanadium	0.050	0.018- 0.065	······		•••••			••••••••••••••••••••••••••••••••••••••
Molybdenum	0.033	0.020- 0.050	······		•••••			••••••••••••••••••••••••••••••••••••••
Boron	1.6	0.25- 1.5	·····	•				······································
Iodine	1.0	0.25- 1.8					<b>—</b>	• • • • • • • • • • • • • • • • • • • •
Lithium	0.008	0.007- 0.020			_			
Phosphorus	153	150- 220						••••••
Selenium	0.94	0.55- 1.1		•				
Strontium	2.0	0.50- 7.6				-		
Sulfur	44400	44000- 50000						
Cobalt	0.011	0.005- 0.040						
Iron	7.7	7.0- 16						
Germanium	0.035	0.030- 0.040				•		
Rubidium	0.058	0.007- 0.096						
Zirconium	0.092	0.020- 0.42				•		
SPECIMEN DATA							RATIOS	
COMMENTS:								EXPECTED
	Date Collected: 4/13/2009 Sample Size:		0.201 g			ELEMENTS	RATIOS	RANGE
Date Received: 4/	Sample Type:	Head			Ca/Mg	6.15	4- 30	
	Date Completed: 4/21/2009 Hair			wn		Ca/P	2.37	1- 12
Client Reference: Treatmen			210,111			Na/K	1.57	0.5- 10
Methodology: ICP-MS Shampoo:			Msm Shampoo V010.08			Zn/Cu	12.5	4- 20
						Zn/Cd	> 999	> 800
VO 10.00   ZII/Cu   <b>&gt; 333</b>								

#### **Health history for hair test 278**

#### 1.) What are your current symptoms and health history?

Fatigue, joint/muscle pain, dizziness sometimes, moodiness

### 2) Dental history (wisdom teeth removed? First root canal placed? Braces? First amalgam etc...)

All four wisdom teeth removed. No root canals and amalgams all removed ten years ago.

## 3) What dental work do you currently have in place? What part of the dental cleanup have you completed?

It's all pristine, apart from possible wisdom teeth needed cavitations due to not getting the periodontal ligament.

No metal in my mouth or root canals.

# 4) What dentistry did your mother have at any time before or during pregnancy?

?

### 5) What vaccinations have you had and when (including flu and especially travel shots)?

I've had about 40 vaccinations, including Hep B. I was in the Peace Corps. My last shot was over ten years ago.

#### 6) Supplements and medications (including dosages) taken at time of hair test, or for the 3-6 months before the sample was taken.

Vitamins: (whole food vitamins -not synthetics)
Multi, B complex, Adrenal and thyroid support (herbs and vitamins),
D3, cal,mag,potassium, GTF Chromium.

### 7) What is your age, height and weight? 38, 5'5, 130

#### 8) Other information you feel may be relevant?

I know I have moderate candida. I have no parasites (many cleanses and test results negative from good lab). I am on a candida diet (no alcohol, caffeine, sugar, vinegars, dairy etc.) only protein and veggies.

### 9) What is your location - city & country (so that we can learn where certain toxins are more prevalent).

Concord, CA (San francisco).