Biolab Medical Unit

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Sample Date: 14-09-2010

Hair Element Analysis

Hair colour: BROWN

Height: 5'5"

Weight: 8st 111bs

Shampoo: NONE

Conditioner: NONE

Bleach: NONE

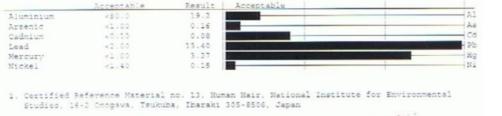
Highlight: NONE

Perm: NONE

Tint: NONE

Results for all elements are expressed in micrograms per gram of hair [1]

| | Reference | e interval | Result | Low | Normal | High |
|------------|-----------|------------|--------|--|--------|------|
| Calcium | 200 | - 2800 | 560 | | | |
| Chromium | 0.10 | - 1.50 . | 0.15 | the same of the sa | | |
| Cobalt | 0.01 | - 0.20 | 0.03 | | | |
| Copper | 10 | 100 | 68 | | | |
| Iron | 5.0 | - 30.0 | 12.8 | 1 1 1 | | |
| Magnesium | 60 | - 160 | 46 | | | |
| Manganese | 0.20 | - 2.00 | 0.32 | | | |
| Phosphorus | 100 | - 200 | 109 | STATE SALES SEED | | |
| Potassium | 5.0 | - 300 | 124 | | | |
| Selenium | 0.40 | - 2.00 | 0.84 | No. of the least on the least of the least o | | |
| Sodium | 5.0 | - 1000 | 124 | Street livelings | | |
| Zinc | 160 | - 240 | 149 | | | |



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Stephen Davies MA BM BCh FACN

ACN Nicholas Miller PhD FRCPath

Health history for hair test 434

- 1. Current main symptoms depression, diarrhea, low bile output, fatigue, hypoglycemia, allergies, headaches
- 2. No relevant dental history.
- 3. One composite filling, had this checked out and it isn't mercury.
- 4. Three silver (mercury) fillings.
- 5. Unsure likely one or two vaccinations. Polio etc.

6

Ox bile - 500mg with each main meal, 125mg with snacks

Pancreatin 500mg with each main meal, 250mg with snacks

Vitamin C 1000mg spread across the day - 3000mg when chelating

D-Ribose 2g

Acetyl L Carnitine 2g

Co-Q10 100mg once daily

Selenium 200mcg at night

Chromium 800mcg spread across the day

Zinc 12mg

Copper 1.1mg ** (I always feel better taking some copper)**

Multi vit/min once daily

Psyllium husk powder two tablespoons daily away from meals

DHEA 25mg

Adrenal glandular 4 capsules daily

Tincture of Siberian Ginseng, Milk Thistle, Ashwhanganda and Licorice mixed in equal quantities. The extracts are of 1:3 raitio. 60 drops spread across the day

Vitamin B compex twice daily

Vitmin D 1,000iu daily

Mineral compex 2 grams daily

When chelating - Cutler protocol. 150mg ALA, 125mg DMSA throughout the day and night. Only started chelated after hair mineral analysis.

Have taken the following in the past;

Methionine 1000mg

Molyebdnum - couldn't tolerate - pains in stomach and adbomen, diahrea etc.

NAC - caused lower back pain, probably mercury.

Zinc dosages nearing 30mg caused lower back pain and acne.

lodine dosages nearing 35mg caused severe lower back pain

Chlollrea - stopped taking it to see what I felt like, felt far better without it

- 7. 22 years old, height: 5feet5inches, weight: 8stone10ounces
- 8. Part time vegetarian, part time meat eater. (Only because organic free range meat is expensive!)
- 9. Currently living in Jersey in the Channel Islands, a small island off the coast of France and England. We have more cars per person than anywhere else in Europe on an island 5 miles by 9 miles. Very polluted by vehicles in city center, otherwise coastal areas are clean and breezy. I wear a pollution mask whist traveling by bike daily to work. Tap water is very heavy and needs filtering. Live in an urban area with a beach close, often with an on shore wind.