



PATIENT: Number
563A SEX: Male
AGE: 32

Toxic & Essential Elements; Hair

TOXIC METALS					
		RESULT µg/g	REFERENCE INTERVAL	PERCENTILE	
				68 th	95 th
Aluminum	(Al)	0.9	< 7.0		
Antimony	(Sb)	0.010	< 0.066		
Arsenic	(As)	0.037	< 0.080		
Barium	(Ba)	0.06	< 1.0		
Beryllium	(Be)	< 0.01	< 0.020		
Bismuth	(Bi)	0.003	< 2.0		
Cadmium	(Cd)	< 0.009	< 0.065		
Lead	(Pb)	0.65	< 0.80		
Mercury	(Hg)	0.39	< 0.80		
Platinum	(Pt)	< 0.003	< 0.005		
Thallium	(Tl)	< 0.001	< 0.002		
Thorium	(Th)	< 0.001	< 0.002		
Uranium	(U)	0.007	< 0.060		
Nickel	(Ni)	0.03	< 0.20		
Silver	(Ag)	0.01	< 0.08		
Tin	(Sn)	0.06	< 0.30		
Titanium	(Ti)	0.27	< 0.60		
Total Toxic Representation					

ESSENTIAL AND OTHER ELEMENTS								
		RESULT µg/g	REFERENCE INTERVAL	PERCENTILE				
				2.5 th	16 th	50 th	84 th	97.5 th
Calcium	(Ca)	371	200– 750					
Magnesium	(Mg)	72	25– 75					
Sodium	(Na)	28	20– 180					
Potassium	(K)	16	9– 80					
Copper	(Cu)	13	11– 30					
Zinc	(Zn)	200	130– 200					
Manganese	(Mn)	0.05	0.08– 0.50					
Chromium	(Cr)	0.48	0.40– 0.70					
Vanadium	(V)	0.016	0.018– 0.065					
Molybdenum	(Mo)	0.043	0.025– 0.060					
Boron	(B)	0.55	0.40– 3.0					
Iodine	(I)	0.11	0.25– 1.8					
Lithium	(Li)	< 0.004	0.007– 0.020					
Phosphorus	(P)	193	150– 220					
Selenium	(Se)	0.73	0.70– 1.2					
Strontium	(Sr)	0.78	0.30– 3.5					
Sulfur	(S)	48100	44000– 50000					
Cobalt	(Co)	0.003	0.004– 0.020					
Iron	(Fe)	7.1	7.0– 16					
Germanium	(Ge)	0.059	0.030– 0.040					
Rubidium	(Rb)	0.013	0.011– 0.12					
Zirconium	(Zr)	0.022	0.020– 0.44					

SPECIMEN DATA		RATIOS		
COMMENTS:		ELEMENTS	RATIOS	RANGE
Date Collected: 11/15/2011		Ca/Mg	5.15	4– 30
Date Received: 11/25/2011		Ca/P	1.92	0.8– 8
Date Completed: 11/26/2011		Na/K	1.75	0.5– 10
Methodology: ICP/MS		Zn/Cu	15.4	4– 20
Sample Size: 0.199 g		Zn/Cd	> 999	> 800
Sample Type: Head				
Hair Color: Black				
Treatment:				
Shampoo: Pure Olive Oil Soap				

Elementos Tóxicos & Esenciales; Pelo

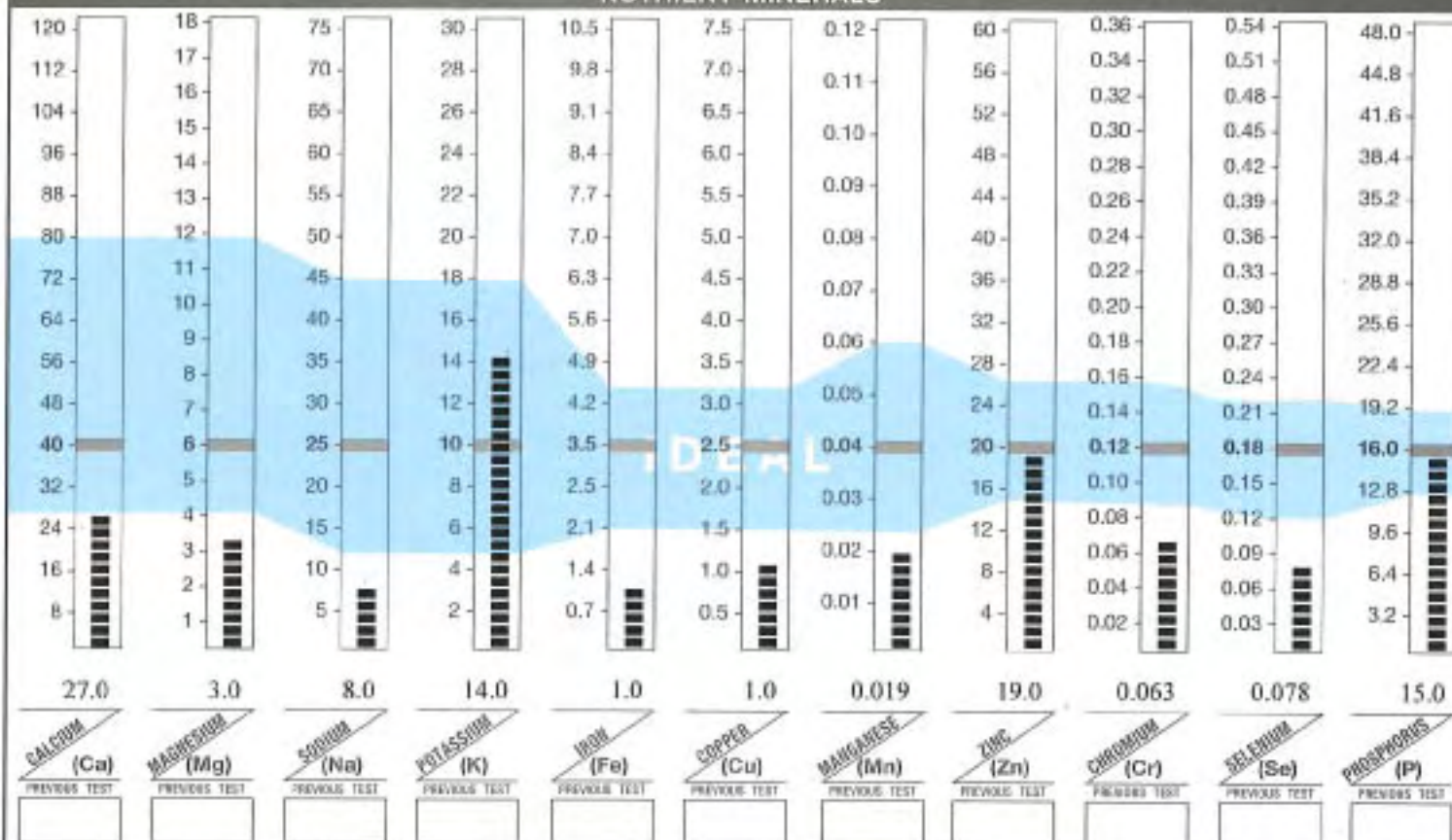
METALES TÓXICOS				
		RESULTADO μg/g	INTERVALO DE LA REFERENCIA	PERCENTILE 68 th 95 th
Aluminio	(Al)	1,0	< 7,0	
Antimonio	(Sb)	< 0,01	< 0,066	
Arsenico	(As)	0,12	< 0,080	
Bario	(Ba)	0,09	< 1,0	
Berilio	(Be)	< 0,01	< 0,020	
Bismuto	(Bi)	0,002	< 2,0	
Cadmio	(Cd)	< 0,009	< 0,065	
Plomo	(Pb)	0,31	< 0,80	
Mercurio	(Hg)	1,3	< 0,80	
Platino	(Pt)	< 0,003	< 0,005	
Talio	(Tl)	< 0,001	< 0,002	
Torio	(Th)	< 0,001	< 0,002	
Uranio	(U)	0,023	< 0,060	
Niquel	(Ni)	0,04	< 0,20	
Plata	(Ag)	0,01	< 0,08	
Estano	(Sn)	0,05	< 0,30	
Titanio	(Ti)	0,23	< 0,60	
Total Toxico Representacion				

ELEMENTOS ESENCIALES Y OTROS				
		RESULTADO μg/g	INTERVALO DE LA REFERENCIA	PERCENTILE 2.5 th 16 th 50 th 84 th 97.5 th
Calcio	(Ca)	419	200– 750	
Magnesio	(Mg)	50	25– 75	
Sodio	(Na)	100	20– 180	
Potasio	(K)	13	9– 80	
Cobre	(Cu)	16	11– 30	
Cinc	(Zn)	220	130– 200	
Manganeso	(Mn)	0,05	0,08– 0,50	
Cromo	(Cr)	0,35	0,40– 0,70	
Vanadio	(V)	0,018	0,018– 0,065	
Molibdeno	(Mo)	0,021	0,025– 0,060	
Boro	(B)	1,5	0,40– 3,0	
Yodo	(I)	0,31	0,25– 1,8	
Litio	(Li)	< 0,004	0,007– 0,020	
Fosforo	(P)	217	150– 220	
Selenio	(Se)	0,35	0,70– 1,2	
Estroncio	(Sr)	0,99	0,30– 3,5	
Azufre	(S)	46800	44000– 50000	
Cobalto	(Co)	0,003	0,004– 0,020	
Hierro	(Fe)	5,7	7,0– 16	
Germanio	(Ge)	0,032	0,030– 0,040	
Rubidio	(Rb)	0,009	0,011– 0,12	
Circonio	(Zr)	0,019	0,020– 0,44	

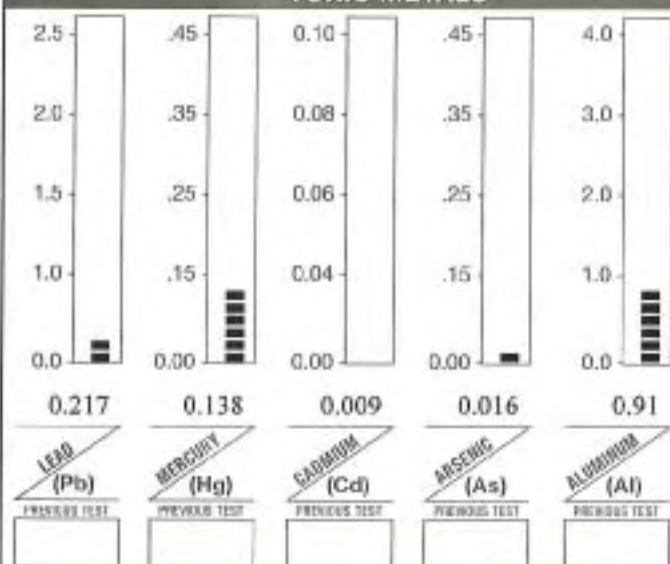
INFORMACIÓN MUESTRA		COCIENTES		
Comentarios:		ELEMENTOS	COCIENTES	REFERENCIA
Fecha de Toma: 30/12/2016		Ca/Mg	8,38	4– 30
Fecha de Recepcion: 06/01/2017		Ca/P	1,93	0,8– 8
Fecha de Realizacion: 09/01/2017		Na/K	7,69	0,5– 10
Metodologia: ICP/MS		Zn/Cu	13,8	4– 20
Tamaño de la Muestra: 0.199 g		Zn/Cd	> 999	> 800
Tipo de Muestra: Head				
Color del pelo:				
Tratamiento del pelo:				
Champu:				

SEX:	M	AGE:	29	DATE:	6/5/09	LAB NO.	444336	CLIENT ACCT. NO.	95445
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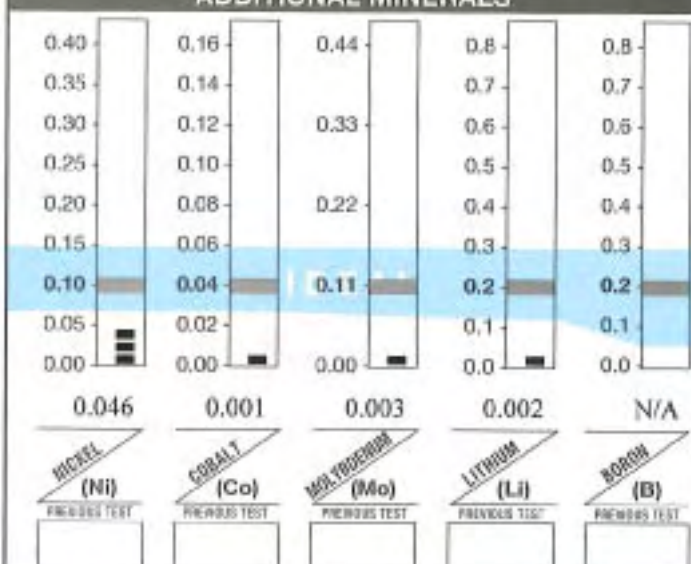
NUTRIENT MINERALS



TOXIC METALS



ADDITIONAL MINERALS



SIGNIFICANT MINERAL RATIOS

MINERAL RATIO	IDEAL RATIO	CURRENT RATIO	% OF IDEAL	PREVIOUS RATIO	LOW						IDEAL	HIGH					
CA/MG	6.67	9.00	135														
CA/K	4.00	1.93	48														
NA/MG	4.17	2.67	64														
NA/K	2.50	0.57	23														
ZN/CU	8.00	19.00	238														
CA/P	2.50	1.80	72														

MIXED OXIDIZER ***

FAST OXIDIZER

SLOW OXIDIZER

Hair Test 563 – History for updated test January 2021

1. What are your current symptoms and health history? - Digestive difficulties, mood swings, some times I'm scared without any reason.
2. Dental history (Wisdom teeth removed and when? Any other extractions. First root canal placed? Braces? First amalgam etc...) - everything was removed during 2012
3. What dental work do you currently have in place? What part of the dental clean-up have you completed? - all
4. What dentistry did your mother have at any time before or during pregnancy? - See test 563
5. What vaccinations have you had and when (including flu and especially travel shots)? see Test 563. Since then I got 1 tetanus Vaccine in sommer 2018
6. Supplements and medications (including dosages) taken at time of hair test, or for the 3-6 months before the sample was taken? - none
7. What is your age, height and weight? - 37 at the time of the test (now 41)
8. Other information you feel may be relevant?
9. What is your location – city & country (so that we can learn where certain toxins are more prevalent). - Vienna, Austria

Health history for hair test 563

What are your current symptoms and health history?

My current symptoms are soft but just because I keep a very strict diet and habits to reduce stress and avoid candida overgrowth. If I don't do so, then panic attacks, and weight loss might happen in a short period of time after leaving my routine.

Dental history (Wisdom teeth removed and when? Any other extractions. First root canal placed? Braces? First amalgam etc...)

1997 (age 17) - first dental work done, some fillings, one of the amalgam
2001 (age 21) - one root canal filled with amalgam and another two amalgams placed.
2007 (age 27) - some dental work done, without any amalgam or root canal. Ground mouth cleaning.
2008 (29) - Extraction of upper right wisdom tooth. Ground mouth cleaning.
2011 - March - extraction of lower right wisdom tooth // June to September - extraction of all amalgams // November (shortly after hair test) extraction of the other two wisdom teeth.

What dental work do you currently have in place? What part of the dental clean-up have you completed?

Currently I have 4 filling with DRM Diamond Lite (replacement of Amalgams), and another 2 composite fillings.

What dentistry did your mother have at any time before or during pregnancy?

none

What vaccinations have you had and when (including flu and especially travel shots)?

Before Birth - My mother got some gammaglobulin as she was pregnant because my sister had German measles

Birthdate 09.1979

DD/MM/YYYY

11.01.1980 - Polio/Diphtheria/Tetanus/whooping cough

04.03.1980 - Polio/Diphtheria/Tetanus/whooping cough

23.10.1980 - Polio/Diphtheria/Tetanus/whooping cough

23.10.1980 - measles

10.04.1981 - Polio/Diphtheria/Tetanus

01.10.1989 - Polio/Tetanus

05.1989 - Tetanus

11.12.1992 - Polio/Tetanus

03.03.1998 - FSME

01.4.1998 - FSME

Supplements and medications (including dosages) taken at time of hair test, or for the 3-6 months before the sample was taken?

I cut my hair last time on the 28. of September before doing the test

Since 3 years ago I've been taking many different supplements, mainly helping to repair the Gut

(Glutamine + Others), fighting against Yeast (Grapefruit + some homeopathic) and support for liver function (Milk Thistle).

since 15 October I started with Cutlers protocol taking all supplements shown in the list of Frequent Dose Chelation with the dosage shown + Germanium (stopped germanium just after cutting the hair for the test).

I did 2 rounds on DMPS in this period. 1st round: 5 days on 6mg DMPS every 8 hours. 2nd round: 13 days on 20 mg DMPS every 8 hours

Before that I was taking digestive enzymes (dosage depending on how digestion developed) and intestinal-flora (same dosage) during the 6 months before test (more or less) and selenium (200mcg x day) and Vit C (1 gram x day) since May, just before the extraction of amalgam.

Before the first test I was taking during the 3 months before the test, Solgar Male multiple, Digestive Enzymes, Milk thistle, Glutamine, Garlic capsules and intestinal-Flora in high doses.

After the first test was taking huge amounts of Zinc, Magnesium:Calcium 2:1 Solgar (2xday); Vit A (3 drops a day), General complex with vitamins and minerals, enzymes and Milk thistle ... this solved the problems for some months.

What is your age, height and weight?

age: 32 // height: 1,74 cm // Weight: 59,0 Kg (ranging from 58 to 61,5 kg during last 2 years)

Other information you feel may be relevant?

Did self testing for adrenals with positive results. Testing temperature came also possible thyroid problems.

Although never needing to go to the doctor as a child, I had many of the symptoms of mercury poisoning, Psychological and Physiological like extreme shyness, suicide thoughts, heavy stomach and intestinal pains, anxiety attacks, angina, ... which got better during puberty, and again worst after amalgam placed at age 21 until total collapse at age 29.

What is your location – city & country (so that we can learn where certain toxins are more prevalent).

Vienna, Austria but for the records, I'm from Seville (Spain), living there until 18 ... afterwards 1 year in Austria, 2 years in Seville again, the 1 year in Vienna (Austria) where I got most of the amalgams, 2 years in Seville again and afterwards was living during 4 years in Barcelona (Spain), from Barcelona to Edinburgh (UK) where I lived 2 years and got very sick, after being so sick got back during 1 year to Seville (Spain) and currently living in Vienna (Austria) since 1 year ago. My toxins are a reflection of Europe's toxicity.

In Edinburgh I realised just before leaving that my drinking water was coming from a lead tank in the bathroom.