

**PATIENT: Number 674** 

SEX: Female AGE: 59

### Toxic & Essential Elements; Hair

TOXIC METALS						
		RESULT μg/g	REFERENCE INTERVAL	PERCENTILE 68 <sup>th</sup> 95 <sup>th</sup>		
Aluminum	(AI)	5.1	< 7.0			
Antimony	(Sb)	< 0.01	< 0.050			
Arsenic	(As)	0.039	< 0.060			
Barium	(Ba)	0.86	< 2.0			
Beryllium	(Be)	< 0.01	< 0.020			
Bismuth	(Bi)	0.009	< 2.0	•		
Cadmium	(Cd)	< 0.009	< 0.050			
Lead	(Pb)	0.10	< 0.60			
Mercury	(Hg)	1.6	< 0.80			
Platinum	(Pt)	< 0.003	< 0.005			
Thallium	(TI)	< 0.001	< 0.002			
Thorium	(Th)	< 0.001	< 0.002			
Uranium	(U)	0.044	< 0.060			
Nickel	(Ni)	0.12	< 0.30			
Silver	(Ag)	0.03	< 0.15			
Tin	(Sn)	0.04	< 0.30			
Titanium	(Ti)	0.26	< 0.70			
Total Toxic Represent	ation					

ESSENTIAL AND OTHER ELEMENTS							
		RESULT	REFERENCE	PERCENTILE			
		μg/g	INTERVAL	2.5 <sup>th</sup> 16 <sup>th</sup> 50 <sup>th</sup> 84 <sup>th</sup> 97.5 <sup>th</sup>			
Calcium	(Ca)	1050	300- 1200				
Magnesium	(Mg)	84	35- 120				
Sodium	(Na)	27	20- 250				
Potassium	(K)	8	8- 75				
Copper	(Cu)	11	11- 37				
Zinc	(Zn)	210	140- 220				
Manganese	(Mn)	0.10	0.08- 0.60				
Chromium	(Cr)	0.41	0.40- 0.65				
Vanadium	(V)	0.035	0.018- 0.065				
Molybdenum	(Mo)	0.029	0.020- 0.050	•			
Boron	(B)	0.41	0.25- 1.5				
lodine	<b>(I)</b>	16	0.25- 1.8				
Lithium	(Li)	< 0.004	0.007- 0.020				
Phosphorus	(P)	158	150- 220				
Selenium	(Se)	1.3	0.55- 1.1				
Strontium	(Sr)	2.8	0.50- 7.6				
Sulfur	(S)	46100	44000- 50000				
Cobalt	(Co)	0.010	0.005- 0.040				
Iron	(Fe)	7.2	7.0- 16				
Germanium	(Ge)	0.027	0.030- 0.040				
Rubidium	(Rb)	0.008	0.007- 0.096				
Zirconium	(Zr)	0.028	0.020- 0.42				

SPECIMEN DATA			RATIOS		
COMMENTS:		ELEMENTS	RATIOS	RANGE	
		Ca/Mg	12.5	4- 30	
Date Collected: 8/3/2012	Sample Size: 0.199 g	Ca/P	6.65	1- 12	
Date Received: 8/6/2012	Sample Type: <b>Head</b>	Na/K	3.38	0.5- 10	
Date Completed: 8/8/2012	Hair Color: Brown	Zn/Cu	19.1	4- 20	
Methodology: ICP/MS	Treatment:	Zn/Cd	> 999	> 800	
	Shampoo: Original	<u>-</u>			

### 1. What are your current symptoms and health history?

Brain fog, Fatigue, Gastric Discomfort (IBS?), Chemical sensitivities, Allergies, Food Sensitivities, Sinusitis, Post nasal drip, Hypothyroid, Higher cholesterol, Glaucoma, Osteoporosis, Tinnitus.

# 2. Dental history (Wisdom teeth removed and when? Any other extractions. First root canal placed? Braces? First amalgam etc...)

Had 5 amalgam fillings from 7-9 years old. Removed correctly by September, 2011

Had braces as a child

Wisdom teeth not removed.

Have one root canal (1997)

Two implants

One crown

Treated for gingivitis in 2007-8

## 3. What dental work do you currently have in place? What part of the dental clean-up have you completed?

5 composite fillings.

1 Root canal

Two implants

Crowns

### 4. What dentistry did your mother have at any time before or during pregnancy?

My mother has amalgams.

### 5. What vaccinations have you had and when (including flu and especially travel shots)?

Standard vaccinations as a child of the fifties

Extra Shots for extensive travel in Africa and India as a child and young adult

Flu shots from 2000-2009

# 6. Supplements and medications (including dosages) taken at time of hair test, or for the 3-6 months before the sample was taken?

NTH, Multivitamins, Mg, anti-oxidants.

#### 7. What is your age, height and weight?

59 years, 5' 1", 110lbs

#### 8. Other information you feel may be relevant?

Had malaria, dysentery and diphtheria as a child.

# 9. What is your location – city & country (so that we can learn where certain toxins are more prevalent).

Northern and Central Coast, California, USA