

#### **Health history for hair test 679**

#### What are your current symptoms and health history?

Fatigue (to the point of inability to carry a job or on worst days run errands), malaise post-excertion (exercise), anxiety, irritability, concentration difficulties, apathy, sometimes depression. involuntary facial ticks involuntary muscle contractions that are painful and lead to anger/stress/malaise and are worst under stress, even very low stress such as horns when riding in a car or the car entering puddles, even worse with toxically emotional people wired but tired

# Dental history (Wisdom teeth removed and when? Any other extractions. First root canal placed? Braces? First amalgam etc...)

1 root canal renewed without crown, 7 amalgams (removal just completed), 2 of which were "leaky" oldest amalgam ~ 14 years ago.

What dental work do you currently have in place? What part of the dental clean-up have you completed?

# What vaccinations have you had and when (including flu and especially travel shots)?

flu shots, possibly with Hg considering timing.

# Supplements and medications (including dosages) taken at time of hair test, or for the 3-6 months before the sample was taken?

most relevant: 3 chlorella capsules/day (I know now, bad idea), Garlic x 2 day, liver support, multivitamin, probiotics, ginkgo

What is your age, height and weight?

32, 1.70cm, 88kg