PATIENT: Number 718
SEX: Male
AGE: 36

Toxic \& Essential Elements; Hair

| TOXIC METALS |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | $\begin{gathered} \text { RESULT } \\ \mu \mathrm{g} / \mathrm{g} \end{gathered}$ | REFERENCE INTERVAL | $\mathbf{6 8}{ }^{\text {th }} \text { PERCENTILE } 95^{\text {th }}$ |  |  |  |
| Aluminum | (AI) | 8.0 | $<7.0$ |  |  |  |  |
| Antimony | (Sb) | < 0.01 | $<0.066$ |  |  |  |  |
| Arsenic | (As) | 0.037 | < 0.080 |  |  |  |  |
| Barium | (Ba) | 0.23 | < 1.0 |  |  |  |  |
| Beryllium | (Be) | $<0.01$ | < 0.020 |  |  |  |  |
| Bismuth | (Bi) | 0.011 | < 2.0 |  |  |  |  |
| Cadmium | (Cd) | < 0.009 | < 0.065 |  |  |  |  |
| Lead | (Pb) | 0.03 | < 0.80 |  |  |  |  |
| Mercury | $(\mathrm{Hg})$ | 1.0 | < 0.80 |  |  |  |  |
| Platinum | (Pt) | < 0.003 | < 0.005 |  |  |  |  |
| Thallium | (TI) | < 0.001 | < 0.002 |  |  |  |  |
| Thorium | (Th) | < 0.001 | < 0.002 |  |  |  |  |
| Uranium | (U) | 0.091 | < 0.060 |  |  |  |  |
| Nickel | (Ni) | 0.02 | < 0.20 |  |  |  |  |
| Silver | (Ag) | 0.02 | < 0.08 |  |  |  |  |
| Tin | (Sn) | 0.03 | $<0.30$ |  |  |  |  |
| Titanium | (Ti) | 0.19 | < 0.60 |  |  |  |  |
| Total Toxic Representation |  |  |  |  |  |  |  |
| ESSENTIAL AND OTHER ELEMENTS |  |  |  |  |  |  |  |
|  |  | $\begin{gathered} \text { RESULT } \\ \mu \mathrm{g} / \mathrm{g} \\ \hline \end{gathered}$ | REFERENCE INTERVAL |  |  |  |  |
| Calcium | (Ca) | 216 | 200- 750 |  |  |  |  |
| Magnesium | (Mg) | 25 | 25- 75 |  |  |  |  |
| Sodium | ( Na ) | 18 | 20- 180 |  |  |  |  |
| Potassium | (K) | 8 | 9- 80 |  |  |  |  |
| Copper | (Cu) | 7.3 | 11- 30 |  |  |  |  |
| Zinc | (Zn) | 190 | 130- 200 |  |  |  |  |
| Manganese | (Mn) | 0.08 | 0.08- 0.50 |  |  |  |  |
| Chromium | (Cr) | 0.37 | 0.40- 0.70 |  |  |  |  |
| Vanadium | (V) | 0.022 | 0.018-0.065 |  |  |  |  |
| Molybdenum | (Mo) | 0.022 | 0.025-0.060 |  |  |  |  |
| Boron | (B) | 0.67 | 0.40- 3.0 |  |  |  |  |
| lodine | (I) | 0.47 | $0.25-1.8$ |  |  |  |  |
| Lithium | (Li) | 0.005 | 0.007-0.020 |  |  |  |  |
| Phosphorus | (P) | 151 | 150- 220 |  |  |  |  |
| Selenium | (Se) | 0.75 | 0.70- 1.2 |  |  |  |  |
| Strontium | (Sr) | 0.87 | 0.30- 3.5 |  |  |  |  |
| Sulfur | (S) | 45800 | 44000-50000 |  |  |  |  |
| Cobalt | (Co) | 0.017 | 0.004-0.020 |  |  |  |  |
| Iron | (Fe) | 4.8 | $7.0-16$ |  |  |  |  |
| Germanium | (Ge) | 0.028 | 0.030-0.040 |  |  |  |  |
| Rubidium | (Rb) | 0.005 | 0.011- 0.12 |  |  |  |  |
| Zirconium | (Zr) | 0.019 | 0.020- 0.44 |  |  |  |  |
| SPECIMEN DATA |  |  |  | RATIOS |  |  |  |
| COMMENTS: |  |  |  | ELEMENTS RATIOS |  |  |  |
|  |  |  |  | $\mathrm{Ca} / \mathrm{Mg}$ | 8.64 |  | 4-30 |
| Date Collected: 01/04/2013 | Sample Size: 0.197 g |  |  | $\mathrm{Ca} / \mathrm{P}$ | 1.43 |  | 0.8- 8 |
| Date Received: 01/08/2013 | Sample Type: Head |  |  | $\mathrm{Na} / \mathrm{K}$ | 2.25 |  | 0.5-10 |
| Date Completed: 01/10/2013 | Hair Color: Red |  |  | $\mathrm{Zn} / \mathrm{Cu}$ | 26 |  | 4-20 |
| Methodology: ICP/MS | Treatment: |  |  | Zn/Cd | > 999 |  | $>800$ |
| Shampoo: Suave |  |  |  |  |  |  |  |

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## Hair Test 718

What are your current symptoms and health history? Mild brain fog, intermittent mild depression, anxiety (rare), recurring low-back pain

Dental history (Wisdom teeth removed and when? Any other extractions. First root canal placed? Braces? First amalgam etc...) Wisdom teeth removed in 1994. Braces in teen years - late 80's into 90's. No root canals. Four amalgams placed in teen years and early twneties, one (deteriorated) replaced with composite last year.

What dental work do you currently have in place? What part of the dental clean-up have you completed? 3 amalgams, 3 composite. Scheduled for replacement of amalgams over the next 12 weeks.

What dentistry did your mother have at any time before or during pregnancy? Unknown

What vaccinations have you had and when (including flu and especially travel shots)? All normal childhood vaccinations, flu shots for last 3-4 years

Supplements and medications (including dosages) taken at time of hair test, or for the 3-6 months before the sample was taken? Omega $3 / 6 / 9$, daily multi, Vitamin B50, Vitamin D

What is your age, height and weight? 36, 6' 2", 185

What is your location - city \& country (so that we can learn where certain toxins are more prevalent) San Jose, CA


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