AGE: 59

Toxic & Essential Elements; Hair

	TOXIC METALS					
	RESULT μg/g	REFERENCE INTERVAL	68 th 95 th			
(AI)	8.6	< 7.0				
(Sb)	< 0.01	< 0.050				
(As)	0.022	< 0.060				
(Ba)	0.36	< 2.0				
(Be)	< 0.01	< 0.020				
(Bi)	0.12	< 2.0				
(Cd)	< 0.009	< 0.050				
(Pb)	0.24	< 0.60				
(Hg)	0.33	< 0.80				
(Pt)	< 0.003	< 0.005				
(TI)	0.001	< 0.002				
(Th)	< 0.001	< 0.002				
(U)	0.008	< 0.060				
(Ni)	0.07	< 0.30				
(Ag)	0.02	< 0.15				
(Sn)	0.03	< 0.30				
(Ti)	0.28	< 0.70				
	(Sb) (As) (Ba) (Ba) (Be) (Bi) (Cd) (Pb) (Hg) (Pt) (TI) (Th) (U) (Ni) (Ag) (Sn)	RESULT µg/g (AI) 8.6 (Sb) < 0.01 (As) 0.022 (Ba) 0.36 (Be) < 0.01 (Bi) 0.12 (Cd) < 0.009 (Pb) 0.24 (Hg) 0.33 (Pt) < 0.003 (TI) 0.001 (Th) < 0.001 (U) 0.008 (Ni) 0.07 (Ag) 0.02 (Sn) 0.03	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$			

		ESSENTIAL AND	OTHER ELEMENTS			
		RESULT μg/g	REFERENCE INTERVAL	2.5 th 16 th 50 th 84 th 97.5 th		
Calcium	(Ca)	429	300- 1200			
Magnesium	(Mg)	44	35- 120			
Sodium	(Na)	37	20- 250			
Potassium	(K)	29	8- 75			
Copper	(Cu)	42	11- 37			
Zinc	(Zn)	200	140- 220			
Manganese	(Mn)	0.24	0.08- 0.60			
Chromium	(Cr)	0.35	0.40- 0.65			
Vanadium	(V)	0.034	0.018- 0.065			
Molybdenum	(Mo)	0.028	0.020- 0.050			
Boron	(B)	0.46	0.25- 1.5			
lodine	(1)	0.62	0.25- 1.8	•		
Lithium	(Li)	< 0.004	0.007- 0.020			
Phosphorus	(P)	170	150- 220			
Selenium	(Se)	0.59	0.55- 1.1			
Strontium	(Sr)	1.2	0.50- 7.6			
Sulfur	(S)	49200	44000- 50000			
Cobalt	(Co)	0.017	0.005- 0.040			
Iron	(Fe)	6.6	7.0- 16			
Germanium	(Ge)	0.026	0.030- 0.040			
Rubidium	(Rb)	0.057	0.007- 0.096			
Zirconium	(Zr)	0.032	0.020- 0.42			

SPECIMEN DATA		RATIOS		
COMMENTS:		ELEMENTS	RATIOS	RANGE
		Ca/Mg	9.75	4- 30
Date Collected: 04/03/2013	Sample Size: 0.168 g	Ca/P	2.52	1- 12
Date Received: 04/08/2013	Sample Type: Head	Na/K	1.28	0.5- 10
Date Completed: 04/10/2013	Hair Color: Blond	Zn/Cu	4.76	4- 20
Methodology: ICP/MS	Treatment:	Zn/Cd	> 999	> 800
	Shampoo: Shampoo Bar			

SEX: Female

279 Walkers Mills Rd Bethel, ME 04217 U.S.A.

Toxic & Essential Elements; Hair

	TOXIC	METALS		
		REFERENCE INTERVAL	68th PERCENTILE 95th	
(AI)	23	< 7.0		
(Sb)	< 0.01	< 0.050		
(As)	0.013	< 0.060		
(Ba)	0.05	< 2.0		
(Be)	< 0.01	< 0.020		
(Bi)	0.021	< 2.0		
(Cd)	< 0.009	< 0.050		
(Pb)	0.24	< 0.60		
(Hg)	0.10	< 0.80		
(Pt)	< 0.003	< 0.005		
(TI)	< 0.001	< 0.002		
(Th)	< 0.001	< 0.002		
(U)	0.002	< 0.060		
(Ni)	0.04	< 0.30		
(Ag)	0.01	< 0.15		
(Sn)	0.07	< 0.30		
(Ti)	0.21	< 0.70		
	(Sb) (As) (Ba) (Be) (Bi) (Cd) (Pb) (Hg) (Pt) (TI) (Th) (U) (Ni) (Ag) (Sn)	RESULT μg/g (Al) 23 (Sb) < 0.01 (As) 0.013 (Ba) 0.05 (Be) < 0.01 (Cd) < 0.009 (Pb) 0.24 (Hg) 0.10 (Pt) < 0.003 (TI) < 0.001 (Th) < 0.001 (U) 0.002 (Ni) 0.04 (Ag) 0.07 (Ti) 0.21 (Sn) 0.07 (Ti) 0.21 (Sin) 0.07 (Ti) (Sin) 0.21 (Sin) (Color Color Color Color Color Color (Color Color Color Color Color Color Color (Color Color Color Color Color Color (Color Color Color Color Color (Color Color Color Color Color (Color Color Color (Color Color Color (Color Color Color (Color Color Color Color (Color Color Color Color	RESULT REFERENCE INTERVAL	

ESSENTIAL AND OTHER ELEMENTS					
		RESULT µg/g	REFERENCE INTERVAL	2.5 th 16 th 50 th 84 th 97.5 th	
Calcium	(Ca)	396	300- 1200		
Magnesium	(Mg)	31	35- 120		
Sodium	(Na)	82	20- 250		
Potassium	(K)	66	8- 75		
Copper	(Cu)	9.4	11- 37		
Zinc	(Zn)	210	140- 220		
Manganese	(Mn)	0.10	0.08- 0.60		
Chromium	(Cr)	0.37	0.40- 0.65		
Vanadium	(V)	0.026	0.018- 0.065		
Molybdenum	(Mo)	0.020	0.020- 0.050		
Boron	(B)	0.47	0.25- 1.5		
Iodine	(I)	3.9	0.25- 1.8		
Lithium	(Li)	< 0.004	0.007- 0.020		
Phosphorus	(P)	157	150- 220		
Selenium	(Se)	0.69	0.55- 1.1		
Strontium	(Sr)	0.33	0.50- 7.6		
Sulfur	(S)	45400	44000- 50000		
Cobalt	(Co)	0.004	0.005- 0.040		
Iron	(Fe)	4.9	7.0- 16		
Germanium	(Ge)	0.036	0.030- 0.040		
Rubidium	(Rb)	0.098	0.007- 0.096		
Zirconium	(Zr)	0.008	0.020- 0.42		

SPECIMEN DATA		RATIOS		
COMMENTS:		ELEMENTS	RATIOS	RANGE
		Ca/Mg	12.8	4- 30
Date Collected: 03/22/2019	Sample Size: 0.196 g	Ca/P	2.52	1- 12
Date Received: 03/26/2019	Sample Type: Head	Na/K	1.24	0.5- 10
Date Completed: 03/28/2019	Hair Color: Brown	Zn/Cu	22.3	4- 20
Methodology: ICP/MS	Treatment:	Zn/Cd	> 999	> 800
	Shampoo: Trader Joes			

Health history for hair test 817 (initial history in 2011)

- 1. Current symptoms are fatigue and aches sometimes in joints. I definately think my thyroid is affected. My memory too. I had about 9 amalgams out one month ago.
- 2. I've never had wisdom teeth grow. I had 3 root canals and one fell apart and was extracted about 8 years ago. The last two were just extracted one month ago. The amalgams are over 40 years old.
- 3. I currently have a false front tooth with a bridge of caps on either side of it from thirty some years ago after a car accident. Not sure what the metal is made of on the part facing inside my mouth
- 4. My mother had false teeth before getting pregnant with me. Some dr. pulled them instead of straightening them.
- 5. I had some childhood immunizations and Hep B was mandatory for my job as and EMT about 12 years ago.
- 6. I really wasn't on any supplements when hair tests was taken.
- 8. I live by Atlantic City, NJ.