

## Toxic & Essential Elements; Hair

		тохіс м	FTAI S					
		RESULT REFERENCE				PER	CENTILE 9	
		μg/g	INTER			68 <sup>th</sup>	9	5 <sup>th</sup>
Aluminum	(AI)	1.0	<	12	-			
Antimony	(Sb)	< 0.01	<	0.060				
Arsenic	(As)	0.050	<	0.090				
Barium	(Ba)	1.3	<	2.0				
Beryllium	(Be)	< 0.01	<	0.020				
Bismuth	(Bi)	0.17	<	2.0	-			
Cadmium	(Cd)	0.012	<	0.050	•			
Lead	(Pb)	0.50	<	1.0				
Mercury	(Hg)	1.4	<	0.80				
Platinum	(Pt)	< 0.003	<	0.005				
Thallium	(TI)	< 0.001	<	0.002				
Thorium	(Th)	< 0.001	<	0.002				
Uranium	(U)	0.007	<	0.060	-			
Nickel	(Ni)	0.07	<	0.40	-			
Silver	(Ag)	0.09	<	0.10				
Tin	(Sn)	0.05	<	0.30	-			-
Titanium	(Ti)	1.6	<	1.3				
Total Toxic Representation						_		
		ESSENTIAL AND O	THER EI EMI	ENTS				
RESULT REFERENCE						PER	CENTILE	
		μg/g	INTER	VAL	2.5 <sup>th</sup>	16 <sup>th</sup>	50 <sup>th</sup>	84 <sup>th</sup> 97.5 <sup>th</sup>
Calcium	(Ca)	1880	475-	1500				
Magnesium	(Mg)	370	45-	180				
Sodium	(Na)	190	80-	450			-	
Potassium	(K)	63	28-	160		-		
Copper	(Cu)	21	11-	30			-	
Zinc	(Zn)	210	130-	200				-
Manganese	(Mn)	0.18	0.15-	0.65				
Chromium	(Cr)	0.31	0.40-	0.65				
Vanadium	(V)	0.022	0.018-	0.065				
Molybdenum	(Mo)	0.11	0.040-	0.10				
Boron	(B)	5.4	0.40-	4.0				
lodine	(I)	1.2	0.25-	1.8			—	
Lithium	(Li)	0.010	0.008-	0.030		•		
Phosphorus	(P)	1030	250-	500				
Selenium	(Se)	1.4	0.80-	1.3				-
Strontium	(Sr)	50	1.0-	8.0				
Sulfur	(S)	47100	42000-	48000				
Cobalt	(Co)	0.014	0.006-	0.035			•	
Iron	(Fe)	6.8	7.0-	16		<b></b>		
Germanium	(Ge)	0.026	0.030-	0.040				
Rubidium	(Rb)	0.051	0.030-	0.25		-		
Zirconium	(Zr)	0.018	0.040-	1.0			<b>—</b>	
	SPECIMEN	DATA				R	ATIOS	
COMMENTS:					ELEMENTS		RATIOS	RANGE
					Ca/Mg	5.0		4- 30
Date Collected: 10/30/2013	S	ample Size: 0.195	г		Ca/P	1.		1- 12
	Sample Type: Pubic				Na/K	3.		0.5- 10
Date Received: 11/04/2013								
Date Received: 11/04/2013 Date Completed: 11/07/2013						10		4- 20
Date Received: 11/04/2013 Date Completed: 11/07/2013 Methodology: ICP/MS	Н	air Color: reatment:			Zn/Cu Zn/Cd	10	) 999	4- 20 > 800

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## Health history for hair test 875

## **Current Symptoms and Health History**

1 Severe lack of energy- mitochondrial function test result 8%. Poor brain function. Constipation and haemorrhoids . Poor digestion.Candida.Low thyroid. Exhausted adrenals -cortisol levels all very low on stress profile test.All of this has been ongoing for approx 30 years.Osteoporosis.Translocator proteins severely blocked.

2 Memory poor, but think wisdom teeth and first root canal in 20s or 30s.Had 3 root canals eventually. First amalgam under 10 years. Mouth full of amalgams with 1 gold crown.

3 All safely removed about 13-14 years ago ,including root canals and gold crown. Now composite fillings and crowns.

4 Not sure about Mum's dental history and not alive so can't check.

5 Had the normal childhood vaccines at appropriate stages of development and occasional boosters of these as an adult.

6 Supplements; FOS, various herbs etc to help constipation-capsicum/althea complex,rhubarb complex,ortosan fruit cubes, oxyCgen : Ther biotic complete, custom probiotics,sacharomyces boulardi-occasionally.Diosomin ,venaforce. Mg sulpate -5ml inject daily,B12 methyl 5ml inject daily, T3 25mg -divided doses, cortisol cream1% on skin through day -about 20 -30 mg, DHEA 25mg,

Vit c, b complex, chromium picolinate -started on this in last month or so, selenium,zinc,vit E, co Q 10, coladeen,fish oils, borage oil,vit D,vit K,digestive enzymes or betain HCL,Triphilia, molybdenum, adrenal cortex -started month ago,Thyro complex.

Osteo support or similar, mineral salts, strontium citrate, seagreens, olive leaf at times , echinacea at times, chlorophyll, glutathione, R lipoic acid, acetyl L'Carnitine- at times. Zeolites (-Zeoactiv8 -stopped few months ago).

7 Used to take colloidal silver when needed in my 30s and 40s.Used to take glutathione regularly in my 40s ;and Lipoic acid and later R- Lipoic acid at high doses 40s and 50s.Also had EDTA IV chelation for 2 years in 1990s and later EDTA suppositories.Followed Klinghartd's protocol and Patrica Kane's over 15 years ago.Have done 13 round with DMSA - now at 12.5mg.

8 UK