

Date Completed: 12/14/2013

Methodology: ICP/MS

## Toxic & Essential Elements; Hair

TOXIC METALS						
		RESULT پیg/g	REFERENCE INTERVAL	PERCENTILE 68 <sup>th</sup> 95 <sup>th</sup>		95 <sup>th</sup>
Aluminum	(AI)	2.4	< 7.0			
Antimony	(Sb)	0.010	< 0.050	•		
Arsenic	(As)	0.010	< 0.060	•		
Barium	(Ba)	0.70	< 2.0	—		
Beryllium	(Be)	< 0.01	< 0.020			
Bismuth	(Bi)	0.002	< 2.0	•		
Cadmium	(Cd)	< 0.009	< 0.050			
Lead	(Pb)	0.05	< 0.60	-		
Mercury	(Hg)	1.4	< 0.80			
Platinum	(Pt)	< 0.003	< 0.005			
Thallium	(TI)	0.001	< 0.002	•		
Thorium	(Th)	< 0.001	< 0.002			
Uranium	(U)	0.019	< 0.060			
Nickel	(Ni)	0.10	< 0.30			
Silver	(Aq)	0.01	< 0.15	•		
Tin	(Sn)	0.07	< 0.30			
Titanium	(Ti)	0.45	< 0.70			
Total Toxic Representation	(11)	0.40				
ESSENTIAL AND OTHER ELEMENTS						
				1		
		RESULT µg/g	REFERENCE INTERVAL	2.5 <sup>th</sup> 16 <sup>th</sup>	PERCENTILE	84 <sup>th</sup> 97.5 <sup>th</sup>
Calcium	(Ca)	252	300- 1200	2.5 10		04 01.5
Magnesium	(Mg)	200	35- 120			
Sodium	(Na)	1100	20- 250			
Potassium		33	8- 75			
	(K) (Cu)	19	11- 37			
Copper	<i>i</i>	270	140- 220			
Zinc	(Zn)				_	
Manganese Charamium	(Mn) (Crr)	0.11	0.08- 0.60			•••••
Chromium	(Cr)	0.32	0.40- 0.65			
Vanadium	(V)	0.020	0.018- 0.065			
Molybdenum	(Mo)	0.11	0.020- 0.050			
Boron	(B)	0.28	0.25- 1.5			
lodine	(I)	0.09	0.25- 1.8			
Lithium	(Li)	0.034	0.007- 0.020			
Phosphorus	(P)	184	150- 220			
Selenium	(Se)	0.69	0.55- 1.1			
Strontium	(Sr)	0.62	0.50- 7.6			
Sulfur	(S)	50300	44000- 50000			
Cobalt	(Co)	0.010	0.005- 0.040		-	
Iron	(Fe)	4.0	7.0- 16			
Germanium	(Ge)	0.025	0.030- 0.040			
Rubidium	(Rb)	0.018	0.007- 0.096		-	
Zirconium	(Zr)	0.058	0.020- 0.42			
SPECIMEN DATA					RATIOS	
COMMENTS:				ELEMENTS	RATIOS	RANGE
				Ca/Mg	1.26	4- 30
Date Collected: 12/08/2013	S	ample Size: 0.198 g	r	Ca/P	1.37	1- 12
Date Received: 12/12/2013		ample Type: Head		Na/K	33.3	0.5- 10
Data Completed: 12/14/2013		air Color: Brown			14.2	4-20

Shampoo: Magick Botanicals

Zn/Cu

Zn/Cd

14.2

> 999

4- 20

> 800

Hair Color: Brown

Treatment:

## Hair Test 892

- 1. What are your current symptoms and health history? MCS, CFS, anxiety, intolerance to heat/cold, low blood pressure, dizziness, insomnia, hormonal imbalance, adrenal fatigue, dry eyes/skin, low body temps, extreme food intolerances, salicylate intolerance, amine intolerance, mood fluctuations, muscle/joint pain.
- 2. Dental history (Wisdom teeth removed and when? Any other extractions. First root canal placed? Braces? First amalgam etc...) I have never had wisdom teeth. I had braces when I was 14 years old. I had a root canal placed when I was 16 years old. The root canal tooth was extracted and the periodontal ligament was removed in November 2013. My first amalgam was placed around the age of 9. I had 13 amalgams by the time I was 18. All have been replaced with metal-free composites. The last amalgam was removed in March 2013.
- 3. What dental work do you currently have in place? What part of the dental clean-up have you completed? I currently have 12 metal-free composites.
- **4. What dentistry did your mother have at any time before or during pregnancy?** A mouthful of amalgams.
- 5. What vaccinations have you had and when (including flu and especially travel shots)? I had all of the normal childhood vaccinations.
- 6. Supplements and medications (including dosages) taken at time of hair test, or for the 3-6 months before the sample was taken? Magnesium 750 mg, Selenium 200 mcg, B5 500mg, Vitamin C 3g, Vitamin E 800 iu, ACE 750 mg, Molybdenum 500 mcg, Zinc 50 mg, Vitamin K2 5 mg, Milk Thistle 250 mg, Inositol 750 mg
- 7. What is your age, height and weight? 33 years old, 5'4", 115 lbs
- 8. Other information you feel may be relevant?
- 9. What is your location city & country (so that we can learn where certain toxins are more prevalent). Cedar Rapids, IA USA