

## Toxic & Essential Elements; Hair

TOXIC METALS						
		RESULT	REFERENCE	PERCENTILE 68 <sup>th</sup> 95 <sup>th</sup>		
		μg/g	INTERVAL	6	8 <sup>th</sup> 9	5 <sup>th</sup>
Aluminum	(AI)	0.8	< 7.0	-		
Antimony	(Sb)	0.019	< 0.050			
Arsenic	(As)	< 0.01	< 0.060			
Barium	(Ba)	13	< 2.0			
Beryllium	(Be)	< 0.01	< 0.020			
Bismuth	(Bi)	0.004	< 2.0	•		
Cadmium	(Cd)	0.014	< 0.050	-		
Lead	(Pb)	0.34	< 0.60			
Mercury	(Hg)	0.13	< 0.80	-		
Platinum	(Pt)	< 0.003	< 0.005			
Thallium	(TI)	< 0.001	< 0.002			
Thorium	(Th)	< 0.001	< 0.002			
Uranium	(U)	0.12	< 0.060			
Nickel	(Ni)	0.39	< 0.30			
Silver	(Ag)	0.18	< 0.15			
Tin	(Sn)	4.9	< 0.30			
Titanium	(Ti)	0.44	< 0.70			
Total Toxic Representation		·				
ESSENTIAL AND OTHER ELEMENTS						
		RESULT	REFERENCE		PERCENTILE	
		μg/g	INTERVAL	2.5 <sup>th</sup> 16 <sup>th</sup>		84 <sup>th</sup> 97.5 <sup>th</sup>
Calcium	(Ca)	6120	300- 1200			
Magnesium	(Mq)	610	35- 120			
Sodium	(Na)	110	20- 250		-	
Potassium	(K)	38	8- 75		-	
Copper	(Cu)	28	11- 37			
Zinc	(Zn)	160	140- 220		-	
Manganese	(Mn)	0.26	0.08- 0.60		-	
Chromium	(Cr)	0.36	0.40- 0.65			
Vanadium	(V)	0.022	0.018- 0.065			
Molybdenum	(Mo)	0.021	0.020- 0.050			
Boron	(B)	0.76	0.25- 1.5		-	
lodine	(I)	0.37	0.25- 1.8			
Lithium	(Li)	0.013	0.007- 0.020	-		
Phosphorus	(P)	278	150- 220	-		
Selenium	(Se)	0.38	0.55- 1.1			
Strontium	(Sr)	54	0.50- 7.6		<b></b>	
Sulfur	(S)	47000	44000- 50000		•	
Cobalt	(Co)	0.057	0.005- 0.040			-
Iron	(Fe)	15	7.0- 16			•
Germanium	(Ge)	0.034	0.030- 0.040		-	
Rubidium	(Rb)	0.048	0.007- 0.096		-	
Zirconium	(Zr)	0.019	0.020- 0.42	-		
					DATIOS	
COMMENTS	SPECIMEN DATA				RATIOS	
COMMENTS:				ELEMENTS	RATIOS	RANGE
	-			Ca/Mg	10	4-30
Date Collected: 01/14/2014		ample Size: 0.203 g	ſ	Ca/P	22	1- 12
Date Received: 01/18/2014	Sample Type: Head			Na/K	2.89	0.5-10
Date Completed: 01/22/2014		air Color: Brown		Zn/Cu	5.71	4-20
Methodology: ICP/MS		reatment: Dye		Zn/Cd	> 999	> 800
Shampoo: Natures Gate						

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## Health history for hair test 908

**1.What are your current symptoms and health history?** Poor mood and energy, aches and pains

2.Dental history (Wisdom teeth removed and when? Any other extractions. First root canal placed? Braces? First amalgam etc...) No root canals, about 8 low-copper, very old amalgams, 1 gold crown

## 3.What dental work do you currently have in place? What part of the dental clean-up have you completed?

Nothing in a very long time. May get amalgams replaced with safer alternative, using IAOMT dentist.

4.What dentistry did your mother have at any time before or during pregnancy? Unknown

5.What vaccinations have you had and when (including flu and especially travel shots)? None since childhood

6.Supplements and medications (including dosages) taken at time of hair test, or for the 3-6 months before the sample was taken? herbal supplements for mood, occasional vitamin and mineral supplements, daily calcium and magnesium supplement, greens

## 7.What is your age, height and weight? 68, 5'6" 180lbs

8. Other information you feel may be relevant?

**9.What is your location – city & country (so that we can learn where certain toxins are more prevalent).** California, USA