

# **InterClinical Laboratories Pty Limited**

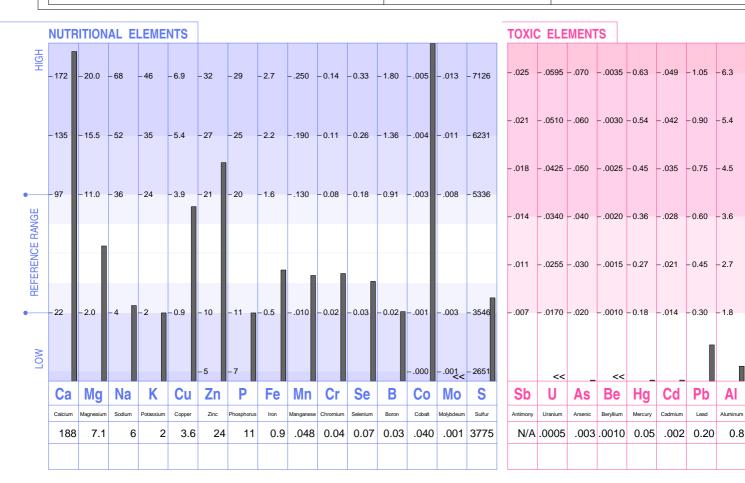
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1 LABORATORY NO.:

PROFILE NO.: SAMPLE TYPE: 1 **SCALP** 

PATIENT: 55 SEX: F SLOW 1 AGE: METABOLIC TYPE:

REQUESTED BY: 2216 ACCOUNT NO .: DATE: 4/04/2014





"<<": Below Calibration Limit: Value Given Is Calibration "QNS": Sample Size Was Inadequate For Analysis.

"N/A": Currently Not Available

Ideal Levels And Interpretation Have Been Based On Hair Samples Obtained From The Mid-Parietal To The Occipital Region Of The Scalp.

Laboratory Analysis Provided by Trace Elements, Inc., an H. H. S. Licensed Clinical Laboratory. No. 45 D0481787

4/04/2014
CURRENT TEST RESULTS

PREVIOUS TEST RESULTS

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HGH

#### **SIGNIFICANT RATIOS** 4.60 4.40 8.20 16.00 8.00 15.00 2.30 HIGH 3.60 3.40 6.20 12.00 6.00 11.00 1.60 ACCEPTABLE 2.60 2.40 4.20 8.00 4.00 7.00 .90 1.60 1.40 2.20 4.00 2.00 3.00 .20 0 Ca/Mg Na/Mg Ca/P Na/K Ca/K Zn/Cu Fe/Cu 17.09 3.00 94.00 6.67 .85 26.48 .25

#### **TOXIC RATIOS** 168.0 8.8 44 N 1.6 1000.0 400.0 56900 142251 11380 ACCEPTABLE 750.0 300.0 106688 8535 126.0 6.6 - 33.0 1.2 42675 500.0 200.0 28450 71126 5690 84.0 22.0 0.8 42.0 2.2 11.0 0.4 250.0 100.0 14225 35563 2845 Ca/Pb Fe/Pb Fe/Hg Se/Hg Zn/Cd Zn/Hg S/Hg S/Cd S/Pb 940.0 4.5 18.0 1.4 12000.0 480.0 75500 1887500 18875

#### **ADDITIONAL RATIOS**

	Current	Previous	1
Ca/Sr	1044.44		131/1
Cr/V	20.00		13/1
Cu/Mo	3600.00		625/1
Fe/Co	22.50		440/1
K/Co	50.00		2000/1
K/Li	2000.00		2500/1
Mg/B	236.67		40/1
S/Cu	1048.61		1138/1
Se/TI	140.00		37/1
Se/Sn	7.00		0.67/1
Zn/Sn	2400.00		167/1

#### **LEVELS**

All mineral levels are reported in milligrams percent (milligrams per one-hundred grams of hair). One milligram percent (mg%) is equal to ten parts per million (ppm).

#### **NUTRITIONAL ELEMENTS**

Extensively studied, the nutrient elements have been well defined and are considered essential for many biological functions in the human body. They play key roles in such metabolic processes as muscular activity, endocrine function, reproduction, skeletal integrity and overall development.

#### **TOXIC ELEMENTS**

The toxic elements or "heavy metals" are well-known for their interference upon normal biochemical function. They are commonly found in the environment and therefore are present to some degree, in all biological systems. However, these metals clearly pose a concern for toxicity when accumulation occurs to excess.

#### **ADDITIONAL ELEMENTS**

These elements are considered as possibly essential by the human body. Additional studies are being conducted to better define their requirements and amounts needed.

#### **RATIOS**

A calculated comparison of two elements to each other is called a ratio. To calculate a ratio value, the first mineral level is divided by the second mineral level

EXAMPLE: A sodium (Na) test level of 24 mg% divided by a potassium (K) level of 10 mg% equals a Na/K ratio of 2.4 to 1.

### SIGNIFICANT RATIOS

If the synergistic relationship (or ratio) between certain minerals in the body is disturbed, studies show that normal biological functions and metabolic activity can be adversely affected. Even at extremely low concentrations, the synergistic and/or antagonistic relationships between minerals still exist, which can indirectly affect metabolism.

### **TOXIC RATIOS**

It is important to note that individuals with elevated toxic levels may not always exhibit clinical symptoms associated with those particular toxic minerals. However, research has shown that toxic minerals can also produce an antagonistic effect on various essential minerals eventually leading to disturbances in their metabolic utilization.

## **ADDITIONAL RATIOS**

These ratios are being reported solely for the purpose of gathering research data. This information will then be used to help the attending health-care professional in evaluating their impact upon health.

## REFERENCE RANGES

Generally, reference ranges should be considered as guidelines for comparison with the reported test values. These reference ranges have been statistically established from studying an international population of "healthy" individuals

Important Note: The reference ranges should not be considered as absolute limits for determining deficiency, toxicity or acceptance.

# **Health history for hair test 966**

# What are your current symptoms

```
was terribly constipated, now diarrhoea

poor memory

chilblains

menopause symptoms: anxiety, brain fog, mood swings

nausea – long term problem

pains all over body in bones and muscles, back pain

torn R shoulder tendon – painful shoulder
```

# **Health history?**

Tonsillectomy and appendectomy in past

pneumonia

incontinence surgery 2014 - mini arc sling

lots of back problems – multilevel spondylosis; back surgery in 2012

pelvic adhesions 2006 - laparoscopy

breast augmentation then multiple surgeries to correct problems

mould allergy in 2013 – was very sick, helped by moving out of this house temporarily; problem resolved with massive clean up and throwing out all mould affected materials

Mirena IUD for dysmenorrhoea – will come out soon as now menopausal

bad constipation despite good diet- in past

some bad episodes of genital herpes 2012-3

years of fatigue

# Dental history (Wisdom teeth removed and when? Any other extractions. First root canal placed? Braces? First amalgam etc...)

- lots of amalgams, first installed while in school. 3 root canals, now all gone.

# What dental work do you currently have in place? What part of the dental clean-up have you completed?

amalgams removed age 40 ie 15 years ago but no detox program

Current implants x 4

# What dentistry did your mother have at any time before or during pregnancy?

- unknown - suspect she avoided dentists

What vaccinations have you had and when (including flu and especially travel shots)?

routine childhood vaccinations in Australia

Hep B x 3 age 30 or so – context of employment in health related industry

Supplements and medications (including dosages) taken at time of hair test, or for the 3-6 months before the sample was taken?

lots! B5, calcium ascorbate, Inner Health probiotic, digestive enzyme, curcumin, selenium, Vital Greens 'the green drink' includes Acai berry, spirulina and various vitamins and minerals

Zinc

What is your age, height and weight? Age 55, height 5' 3" wt 54 kg

Other information you feel may be relevant?

**Medications:** Meloxicam for back pain, naproxen if its very bad. Occ use of Valium for stress, Valtrex for herpes

What is your location – city & country (so that we can learn where certain toxins are more prevalent). - Canberra, Australia