

Toxic & Essential Elements; Hair

	TOXIC METALS						
		RESULT µg/g	REFERENCE INTERVAL	PERCENTILE 68 th 95 th			
Aluminum	(AI)	7.4	< 7.0		•	5	
Antimony	(Sb)	0.11	< 0.066				
Arsenic	(As)	0.11	< 0.080				
Barium	(Ba)	0.61	< 1.0				
Beryllium	(Be)	< 0.01	< 0.020				
Bismuth	(Bi)	0.036	< 2.0	•			
Cadmium	(Cd)	0.30	< 0.065				
Lead	(Pb)	5.9	< 0.80				
Mercury	(Hq)	0.22	< 0.80				
Platinum	(Pt)	< 0.003	< 0.005				
Thallium	(TI)	< 0.001	< 0.002				
Thorium	(Th)	< 0.001	< 0.002				
Uranium	(U)	0.012	< 0.060				
Nickel	(Ni)	0.26	< 0.20				
Silver	(Aq)	0.09	< 0.08				
Tin	(Sn)	1.2	< 0.30				
Titanium	(Ti)	0.20	< 0.60				
Total Toxic Representation	(,	0120					
		ESSENTIAL AND OTHER ELEMENTS RESULT REFERENCE			PERCENTILE		
		μg/g	INTERVAL	2.5 th 16 th	50 th	84 th 97.5 th	
Calcium	(Ca)	456	200- 750				
Magnesium	(Mg)	37	25- 75		-		
Sodium	(Na)	62	20- 180		•		
Potassium	(K)	90	9- 80		— ——		
Copper	(Cu)	14	11- 30		-		
Zinc	(Zn)	110	130- 200				
Manganese	(Mn)	0.39	0.08- 0.50				
Chromium	(Cr)	0.45	0.40- 0.70				
Vanadium	(V)	0.043	0.018- 0.065		-		
Molybdenum	(Mo)	0.026	0.025- 0.060				
Boron	(B)	4.5	0.40- 3.0				
lodine	(I)	11	0.25- 1.8				
Lithium	(Li)	0.065	0.007- 0.020				
Phosphorus	(P)	164	150- 220				
Selenium	(Se)	0.90	0.70- 1.2		-		
Strontium	(Sr)	0.70	0.30- 3.5		-		
Sulfur	(S)	46800	44000- 50000		•		
Cobalt	(Co)	0.011	0.004- 0.020		-		
Iron	(Fe)	9.0	7.0- 16		-		
Germanium	(Ge)	0.032	0.030- 0.040				
Rubidium	(Rb)	0.11	0.011- 0.12				
Zirconium	(Zr)	0.057	0.020- 0.44		-		
SPECIMEN DATA					RATIOS		
COMMENTS:				ELEMENTS	RATIOS	RANGE	
				Ca/Mg	12.3	4- 30	
Date Collected: 06/28/2014	Sample Size: 0.204 g			Ca/Ng Ca/P	2.78	0.8-8	
Date Received: 06/30/2014	Sample Size. 0.204 g Sample Type: Head			Na/K	0.689	0.5- 10	
Date Completed: 07/02/2014		lair Color: Gray		Zn/Cu	7.86	4- 20	
Methodology: ICP/MS		reatment:		Zn/Cd	367	> 800	
INELIUUUUUUY. ICP/MS	1	reallient.		Z11/00	307	2 000	

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Shampoo: Dr Bonner

Health history for 979

My mom probably had fillings. Shes been dead for 30 years. No clue to her dentist. I had all the vaccines of the 50's.

I live in new orleans and as a child rode our bikes behind moquitoes spray trucks...DDT. I had a mouth full of fillings but had them removed 25 years ago by the huggins method. No effective detox.

I had all my composites redone 3 years ago with the latest and greatest composites.

Had 2 root canals removed but still have 2. Wisdom teeth removed when i was 21.

Have had chronic pain and fatigue starting in 1975 ish....im 62 now.

I carry chronically tense muscles.

I have done many cleanes that do not seem to work.

I have been on an iodine protocol with a urine test that showed a 60% body satuation. Now am high in iodine.

I recently bought a berkey water filter so i dont have to drink mississippi river water any more. I have smoked pot over the years and that could contibute to my metals. I smoked cigarettes for 10 years but have now been free for 32 years.

I grew up with an aluminum plant nearby and always had white soot on our cars...many years ago. I just did a bunch of blood work and have high estrogen and low testosterone so i am on a hormone balancing program using these supplements

Myomin

Calcium d gluterate Vit d

Salmon oil

Indole 3

Essiac tincture

Stinging nettle

Green drink

Lots of fresh fruit and good berries.

I do eat some bad stuff too

I show high lead and low mercury but a high toxic load.

Please help.

I have cutlers book on reading hair test but i am a newbie.