



SEX: Male  
AGE: 37

**Toxic & Essential Elements; Hair**

| TOXIC METALS               |                |                       |   |
|----------------------------|----------------|-----------------------|---|
|                            | RESULT<br>µg/g | REFERENCE<br>INTERVAL | PERCENTILE<br>68 <sup>th</sup> 95 <sup>th</sup> |
| Aluminum (Al)              | 3.8            | < 7.0                 |   |
| Antimony (Sb)              | 0.019          | < 0.066               |   |
| Arsenic (As)               | 0.080          | < 0.080               |   |
| Barium (Ba)                | 0.45           | < 1.0                 |   |
| Beryllium (Be)             | < 0.01         | < 0.020               |   |
| Bismuth (Bi)               | 0.17           | < 2.0                 |   |
| Cadmium (Cd)               | < 0.009        | < 0.065               |   |
| Lead (Pb)                  | 0.06           | < 0.80                |   |
| Mercury (Hg)               | 0.79           | < 0.80                |   |
| Platinum (Pt)              | < 0.003        | < 0.005               |   |
| Thallium (Tl)              | < 0.001        | < 0.002               |   |
| Thorium (Th)               | < 0.001        | < 0.002               |   |
| Uranium (U)                | 0.023          | < 0.060               |   |
| Nickel (Ni)                | 0.06           | < 0.20                |   |
| Silver (Ag)                | 0.02           | < 0.08                |   |
| Tin (Sn)                   | 0.04           | < 0.30                |   |
| Titanium (Ti)              | 0.28           | < 0.60                |   |
| Total Toxic Representation |                |                       |   |

| ESSENTIAL AND OTHER ELEMENTS |                |                       |   |  |  |
|------------------------------|----------------|-----------------------|---|--|--|
|                              | RESULT<br>µg/g | REFERENCE<br>INTERVAL | PERCENTILE<br>2.5 <sup>th</sup> 16 <sup>th</sup> 50 <sup>th</sup> 84 <sup>th</sup> 97.5 <sup>th</sup> |  |  |
| Calcium (Ca)                 | 407            | 200- 750              |   |  |  |
| Magnesium (Mg)               | 63             | 25- 75                |   |  |  |
| Sodium (Na)                  | 110            | 20- 180               |   |  |  |
| Potassium (K)                | 23             | 9- 80                 |   |  |  |
| Copper (Cu)                  | 7.6            | 11- 30                |   |  |  |
| Zinc (Zn)                    | 190            | 130- 200              |   |  |  |
| Manganese (Mn)               | 0.12           | 0.08- 0.50            |   |  |  |
| Chromium (Cr)                | 0.34           | 0.40- 0.70            |   |  |  |
| Vanadium (V)                 | 0.044          | 0.018- 0.065          |   |  |  |
| Molybdenum (Mo)              | 0.024          | 0.025- 0.060          |   |  |  |
| Boron (B)                    | 0.56           | 0.40- 3.0             |   |  |  |
| Iodine (I)                   | 1.2            | 0.25- 1.8             |   |  |  |
| Lithium (Li)                 | 0.004          | 0.007- 0.020          |   |  |  |
| Phosphorus (P)               | 150            | 150- 220              |   |  |  |
| Selenium (Se)                | 0.45           | 0.70- 1.2             |   |  |  |
| Strontium (Sr)               | 1.1            | 0.30- 3.5             |   |  |  |
| Sulfur (S)                   | 45600          | 44000- 50000          |   |  |  |
| Cobalt (Co)                  | 0.005          | 0.004- 0.020          |   |  |  |
| Iron (Fe)                    | 5.6            | 7.0- 16               |   |  |  |
| Germanium (Ge)               | 0.031          | 0.030- 0.040          |   |  |  |
| Rubidium (Rb)                | 0.033          | 0.011- 0.12           |   |  |  |
| Zirconium (Zr)               | 0.059          | 0.020- 0.44           |   |  |  |

| SPECIMEN DATA              |                      | RATIOS   |        |         |
|----------------------------|----------------------|----------|--------|---------|
| <b>COMMENTS:</b>           |                      | ELEMENTS | RATIOS | RANGE   |
| Date Collected: 04/17/2015 | Sample Size: 0.129 g | Ca/Mg    | 6.46   | 4- 30   |
| Date Received: 04/25/2015  | Sample Type: Head    | Ca/P     | 2.71   | 0.8- 8  |
| Date Completed: 04/29/2015 | Hair Color:          | Na/K     | 4.78   | 0.5- 10 |
| Methodology: ICP/MS        | Treatment:           | Zn/Cu    | 25     | 4- 20   |
|                            | Shampoo:             | Zn/Cd    | > 999  | > 800   |

## Health history for hair test 1088

### 1) What are your current symptoms and health history?

I was quite ill 3 yrs ago after having hepatitis c and that's the only thing at the time I new was wrong with me so I went through 12 months of interferon treatment which got rid of the hep c but after I finished the treatment I was ok for a while then 6 months later I start getting brain fog at first and not feelin good at all tired a lot and had bad anxiety and I couldn't think properly feeling not with it then not long after that I developed very red eyes and at that time I new sum think wasn't right so I went to a lot of natural doctors who said it was candida at first I thought it was food allergy causing the red eyes but I had gone on holiday a few times and felt a lot better and although my eyes where stil red they wasn't no where near as bad so it got me thinking that it wasn't the food causing this problem ive now come to realise that its chemicals causing me a lot of bother. I was taking supplements and then realised i was allergic to gelatine if I took it my eyes would flare up and id feel terrible then 1 day I drove to my moms and by the time got there I was feeling terrible so I drove back home I now know im also allergic to gas and diesel fumes its make me feel terrible it seems im having a histamine response to them things so more resently I went to naturopath who used his bitcom machine and he said he thought it was mercury so I done his treatment for a about 3 months <http://www.balancingbrainchemistry.co.uk/23/Heavy-Metal-Toxicity-Depression-&-Anxiety.html> things weren't really getting any better cause I don't think he was that good so I stopped that and got andys book and started my own chelation ive done about 9 round of ala but never really had the money at first for most of the supplements that last round I upped my does from 25mg to 50 cause I was feeling good and boy its noted me of my feet when I stopped it this week I feel terrible and today I got my hair test rests from ddi I forgot to mention after I finished that hep c treatment befor all this started I had my last 3 amalgam replace with mercury free dentist and it wasn't long after that all this started with the red eyes ect I mayb also add after that treatment I brought a out door sauna to help me detox and I was using it every day for yrs I cant help but think that's played arole in al this also because of the toxic the sauna could possibley give off ive not stopped using it!!

**2) Dental history (wisdom teeth removed? First root canal placed? Braces? First amalgam**  
ive had 1 wisdom tooth removed that was 7 yrs ago now ive had amalgam put in my mouth when I was very young

**3) What dental work do you currently have in place? What part of the dental cleanup have you completed?**

ive had all mercury replaced with white composite

**4) What dentistry did your mother have at any time before or during pregnancy?**

my moms got about 4 or 5 in her mouth when she gave birth to me

**5) What vaccinations have you had and when (including flu and especially travel shots)?**

ive had all my vaccinations as a child and I had a hepatitis b vaccine about 8 yrs ago

**6) Supplements and medications (including dosages) taken at time of hair test, or for the 3-6 months before the sample was taken.**

I was taking magnesium,iodine,silca,nac selenium zinc and vit c

**7) Other information you feel may be relevant**

I think I put most of it in the first question but other syptoms where muscle twitch's feeling tired,mood up and down I did hav anxiety really bad but that's has stopped now I think that's due to eatin potatoes ive now stopped them but I think them chelation had defo helped also ive been feeling suicidal of and on this problem really affects my mind I was writing this just and I could think wot I was goin to put.

**8) What is your location - city & country (so that we can learn where certain toxins are more prevalent)**

im in Walsall ,England