

Run 2 home water test to rule out cont. exposure to lead remain ... ppm.



SEX: Male
AGE: 31

279 Walkers Mills Rd
Bethel, ME 04217 U.S.A.

Defer to your doctor as always

Toxic & Essential Elements; Hair

TOXIC METALS			
	RESULT µg/g	REFERENCE INTERVAL	PERCENTILE 68 th 95 th
Aluminum (Al)	11	< 7.0	
Antimony (Sb)	0.056	< 0.066	
Arsenic (As)	1.1	< 0.080	
Barium (Ba)	1.7	< 1.0	
Beryllium (Be)	< 0.01	< 0.020	
Bismuth (Bi)	0.003	< 2.0	
Cadmium (Cd)	0.092	< 0.065	
Lead (Pb)	8.2	< 0.80	
Mercury (Hg)	0.08	< 0.80	
Platinum (Pt)	< 0.003	< 0.005	
Thallium (Tl)	0.001	< 0.002	
Thorium (Th)	0.001	< 0.002	
Uranium (U)	0.086	< 0.060	
Nickel (Ni)	0.31	< 0.20	
Silver (Ag)	0.09	< 0.08	
Tin (Sn)	0.11	< 0.30	
Titanium (Ti)	0.29	< 0.60	
Total Toxic Representation			

Homeopathic BHT

+ Mitoforce

+ PS/PEPC

+ DHA +

Allinone

Potassium

Metal Away + G EDTA soap

Potassium phosphate Mitoforce UltraSed

ESSENTIAL AND OTHER ELEMENTS			
	RESULT µg/g	REFERENCE INTERVAL	PERCENTILE 2.5 th 16 th 50 th 84 th 97.5 th
Calcium (Ca)	1110	200- 750	
Magnesium (Mg)	75	25- 75	
Sodium (Na)	120	20- 180	
Potassium (K)	120	9- 80	
Copper (Cu)	25	11- 30	
Zinc (Zn)	180	130- 200	
Manganese (Mn)	0.74	0.08- 0.50	
Chromium (Cr)	0.49	0.40- 0.70	
Vanadium (V)	0.040	0.018- 0.065	
Molybdenum (Mo)	0.049	0.025- 0.060	
Boron (B)	0.98	0.40- 3.0	
Iodine (I)	0.41	0.25- 1.8	
Lithium (Li)	0.005	0.007- 0.020	
Phosphorus (P)	131	150- 220	
Selenium (Se)	0.71	0.70- 1.2	
Strontium (Sr)	1.6	0.30- 3.5	
Sulfur (S)	48100	44000- 50000	
Cobalt (Co)	0.023	0.004- 0.020	
Iron (Fe)	12	7.0- 16	
Germanium (Ge)	0.032	0.030- 0.040	
Rubidium (Rb)	0.26	0.011- 0.12	
Zirconium (Zr)	0.049	0.020- 0.44	

+ zinc lozenges

Be CdM + Allinone potassium spher + ACP

SPECIMEN DATA		RATIOS	
COMMENTS: Allinone + PS/PEPC + DHA & UltraSed B along with low dose hydroxy + adenosyl B12 & methyl B.		ELEMENTS	RATIOS
Date Collected: 05/22/2015	Sample Size: 0.199 g	Ca/Mg	14.8
Date Received: 06/02/2015	Sample Type: Head	Ca/P	8.47
Date Completed: 06/03/2015	Hair Color: dose hydroxy +	Na/K	1
Methodology: ICP/MS	Treatment: adenosyl B12 & methyl B.	Zn/Cu	7.2
	Shampoo:	Zn/Cd	> 999
		RANGE	
		Ca/Mg	4- 30
		Ca/P	0.8- 8
		Na/K	0.5- 10
		Zn/Cu	4- 20
		Zn/Cd	> 800

Re-run HMT in 2-3 months to check lithium & potassium with this support in place

As always, work with your Doctor. With love & hope, Dr. Amy

Defer to your doctor as always

Hair Test 1101

- **What are your current symptoms and health history?**

Brain fog, fatigue, no concentration, not sleeping well, no libido, anxiety, depression, unmotivated, unfocused, lazy.

I thought I was really healthy as no major or minor health problems in the past.

I can't remember before age 8.

Age 8 - 12 had major yearly sinus problems with constant seasonal use of sinus spray antibiotics.

Major case of whooping cough had 6 months out of school age 7.

Age 21: Bad Foot Skin infection from a cut that needed antibiotics as started to spread from toes upwards. The antibiotics got rid of the infection before it got major.

Age 22: Another foot skin infection that needed antibiotics.

Age 23 / 24 Case of Depression and anxiety.

Age 27 / 28 a really bad staph skin infection on my arm. I was training jiu jitsu at the time.

Age 30 Fatigue and candida (Candida I believe has been out of control for a long time but unknown to me, I know at least it was present at Age 26 and who knows how long before then!

- **Dental history (Wisdom teeth removed and when? Any other extractions. First root canal placed? Braces? First amalgam etc...)**

2 fillings around 12 or 13

All 4 wisdom teeth taken out in hospital at age 24

Had 2 mercury fillings taken out at age 31

Had 2 teeth taken out to make room for over overcrowding in the month at age 10 or 11

- **What dental work do you currently have in place? What part of the dental clean-up have you completed?**

Just 2 small non mercury fillings

- **What dentistry did your mother have at any time before or during pregnancy?**

Not sure?

- **What vaccinations have you had and when (including flu and especially travel shots)?**

Combination Hepatitis A + B 2 out of 3 doses, Dose 1: 20/01/2010. Dose 2:

16/02/2010. Typhoid. 16/02/2010. Diptheria + Tetanus (Td) 2010. Flu shot: 2010.

Childhood vaccinations I am unsure of but I know I had all of them apart from MMR and was grew up in New Zealand.

- **Supplements and medications (including dosages) taken at time of hair test, or for the 3-6 months before the sample was taken?**

Vitamin daily supplement,

chlorella, spirulina taken on and off.
Vitamin D

- **What is your age, height and weight?**

Age: 31, Height: 6 foot 2, Weight: 76 kgs

- **Other information you feel may be relevant?**

The first thing to highlight everything was fatigue and once I took a break the other symptoms were revealed or I slowed down enough to notice them. Also around that time I stopped drinking coffee which also revealed symptoms. I have also had candida in some form or another for several year (5 years plus that I can remember or account for)

- **What is your location – city & country (so that we can learn where certain toxins are more prevalent).**

I am currently living in Thailand since Dec 2014, before that I was in Bali since Aug 2013 and before that was Australia Melbourne for 2 1/2 years