



HAIR TEST: 1202
SEX: Male
AGE: 24

Toxic & Essential Elements; Hair

TOXIC METALS			
	RESULT µg/g	REFERENCE INTERVAL	PERCENTILE 68 th 95 th
Aluminum (Al)	3.0	< 7.0	
Antimony (Sb)	0.030	< 0.066	
Arsenic (As)	0.061	< 0.080	
Barium (Ba)	0.42	< 1.0	
Beryllium (Be)	< 0.01	< 0.020	
Bismuth (Bi)	0.051	< 2.0	
Cadmium (Cd)	< 0.009	< 0.065	
Lead (Pb)	0.17	< 0.80	
Mercury (Hg)	0.16	< 0.80	
Platinum (Pt)	< 0.003	< 0.005	
Thallium (Tl)	0.001	< 0.002	
Thorium (Th)	< 0.001	< 0.002	
Uranium (U)	0.022	< 0.060	
Nickel (Ni)	0.03	< 0.20	
Silver (Ag)	0.13	< 0.08	
Tin (Sn)	0.04	< 0.30	
Titanium (Ti)	0.32	< 0.60	
Total Toxic Representation			

ESSENTIAL AND OTHER ELEMENTS					
	RESULT µg/g	REFERENCE INTERVAL	PERCENTILE 2.5 th 16 th 50 th 84 th 97.5 th		
Calcium (Ca)	413	200- 750			
Magnesium (Mg)	33	25- 75			
Sodium (Na)	22	20- 180			
Potassium (K)	20	9- 80			
Copper (Cu)	9.9	11- 30			
Zinc (Zn)	160	130- 200			
Manganese (Mn)	0.11	0.08- 0.50			
Chromium (Cr)	0.46	0.40- 0.70			
Vanadium (V)	0.033	0.018- 0.065			
Molybdenum (Mo)	0.034	0.025- 0.060			
Boron (B)	1.3	0.40- 3.0			
Iodine (I)	0.29	0.25- 1.8			
Lithium (Li)	0.014	0.007- 0.020			
Phosphorus (P)	165	150- 220			
Selenium (Se)	0.67	0.70- 1.2			
Strontium (Sr)	0.90	0.30- 3.5			
Sulfur (S)	46600	44000- 50000			
Cobalt (Co)	0.003	0.004- 0.020			
Iron (Fe)	7.0	7.0- 16			
Germanium (Ge)	0.034	0.030- 0.040			
Rubidium (Rb)	0.026	0.011- 0.12			
Zirconium (Zr)	0.009	0.020- 0.44			

SPECIMEN DATA		RATIOS	
COMMENTS:		ELEMENTS	RATIOS
Date Collected: 05/15/2016		Ca/Mg	12.5
Date Received: 05/31/2016		Ca/P	2.5
Date Completed: 06/03/2016		Na/K	1.1
Methodology: ICP/MS		Zn/Cu	16.2
Sample Size: 0.198 g	Sample Type: Head	Zn/Cd	> 999
Hair Color:	Treatment:		
Shampoo:			
		RANGE	
		4- 30	
		0.8- 8	
		0.5- 10	
		4- 20	
		> 800	

Hair test 1202

I just received my results from Doctor's Data. I believe it applies to counting rule #1, however I'm not too certain if I understood it correctly, as I'm SEVERLY brainfogged.

I will try to answer your questions:

Current symptoms/history:

Been born with crippling anxiety, especially socially. This has been accompanying me my whole life. Since puberty i suffer from devastating depression. Now this has cumulated and I'm at the lowest point in my whole life. After experimenting with several supplements (mega doses B12, Iodine amongst other, some of them supposedly redistribute mercury) I cant function AT ALL.

Physically I'm exhausted all the time, short-breathness, extreme muscle weakness, intense leg pain, constant head aches/migraines, eye pain, jaw pain

Mentally my brain fog has reached another dimension. No short time memory at all (forgetting what I just did or said a second ago), very hard time understanding wirtten text, socially totally inhibited, anhedonia, depersonalization/derealization, SEVERE anger outbursts from time time when Im in total rage,

Dental History:

Wisdom teeth extraction (2) at age 14, no amalgams, no root canals.

What dentistry did my mother have before or during pregnancy:

Several amalgam fillings during pregnancy and got them probably out in a total unsafe manner while she was sitll pregnant with me

Vaccinations

Roundabout 10 vaccinations as a child (last one 15 years ago)

Age/Height/Weight

24, 1.83m, 80kg