



## **Health history for hair test 438**

1. Current symptoms: 1-Sciatic pain near the ischial tuberosity. Unable to sit due to pain.  
2-Joint / tendon pain in knees and elbows.
2. Dental history: Age 12, first amalgam.  
Age 17, 13th amalgam.  
Age 20, 2 wisdom teeth removed.  
Age 37, one amalgam removed (the wrong way) and replaced w/ non-toxic.  
Age 38, remaining amalgams removed and replaced with non-toxic composite (11/2010).
3. Current dental work: All natural teeth with composite fillings.
4. Mothers dentistry pre-pregnancy: About 6 amalgam fillings by age 25.
5. Vaccinations: TB test: yearly from 1993-2000 (8)  
Tetanus: 1999  
Flu: 1995, 1996,  
Tetanus: 2009
6. Supplements per day: Magnesium: 1400mg  
Calcium: 1000mg  
Milk Thistle: 1200mg  
Buffered C: 3000mg  
Vitamin D: 2000iu  
Iron: 65mg  
Vitamin E: 800iu  
Selenium: 200mcg  
B-Complex: 150mg  
CoQ10: 100mg  
Folic Acid: 800mcg  
Multivitamin  
Glucosamine: 1500mg  
MSM Condriotin: 2000mg  
Flax Oil: 2 tbsp  
DMSA: 200mg
7. Age: 38  
Height: 6' 1"  
Weight 150 lbs.
8. Other information: Sciatic pain began in 2006 and has gradually increased in pain over time until now, where I can't sit. I've had multiple mri's, blood tests, exams, physical therapy, nerve conduction studies, spinal injections and medications. None of the meds work, and all doctors say I am healthy with all blood tests negative. Even arthritis is negative. After I got my first amalgam replaced in April of 2010, I started getting the joint and tendon pain. The dentist did not use proper precautions for mercury. In November, 2010, I went to a mercury safe dentist to remove all the amalgams. I have since changed my diet, started supplements and read the Cutler amalgam book. My joint and tendon pain is slowly decreasing since the diet / supplement change. My sciatic pain continues strong. I am on DMSA 25mg q 3.5hrs. 3 days on. 4 days off. Will begin LA in February. Hair test shows high Antimony and I'm concerned about that as a possible reason for the joint, tendon issues which I think may be a separate issue from the sciatic pain.
9. Location: Phoenix, Arizona (2007-present)  
New Orleans, LA (2005-2007)  
Norfolk, VA (2002-2005)  
Myrtle Beach, SC (2000-2002)  
Baltimore, MD (1972-2000)