

Health history for hair test 527

POTENTIALLY TOXIC ELEMENTS

element result ref range color

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aluminum	4.3
antimony	
arsenic	0.05
beryllium	
bismuth	
cadmium	0.02
lead	0.31
mercury	0.36
platinum	
thallium	
thorium	
uranium	
nickel	
silver	
tin	
titanium	

ESSENTIAL AND OTHER ELEMENTS

element result ref range color under/over 50%

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Calcium	690.0
Magnesium	60.0
Sodium	20.0
Potassium	10.0
Copper	9.0
Zinc	15.0
Manganese	0.11
Chromium	0.51
Vanadium	
Molybdenum	
Boron	
Iodine	
Lithium	
Phosphorus	120.0
Selenium	0.42
Strontium	
Sulfur	
Barium	
Cobalt	
Iron	9.0
Germanium	
Rubidium	
Zirconium	

1) What are your current symptoms and health history?

This hair test was done a few months ago. Since then I have done a DMSA challenge test and had 13 amalgams removed - things have all got so much worse now. I have done 5 rounds of chelation. All have been pretty tough and 2 rounds were stopped early as became such a mess.

I have had type 1 diabetes for 16 years

After having a couple of amalgams placed 10 years ago I developed intermittent blurred vision, I can't drive or look at lights at night as the light becomes so refracted. My optometrist

said the cornea looks scarred and dimpled, he drew diagrams of the size/position of these areas whenever I went and they were always in a different position. My memory and concentration began to worsen around this time.

Candida has been an issue for a long time and is currently on the rampage. I was recently diagnosed as hypothyroid, Chronic fatigue began earlier this year and has got continually worse. I somehow still manage to work 2.5 days a week but I always crash and spend the rest of the week trying to recover.

Rapid aging in 3 years. Lots of sagging as well as wrinkles almost everywhere. I used to have a cast iron gut, but am now becoming sensitive to foods and supplements. My cognitive function seems to be impaired. I find all writing and often speaking very difficult. I now write (and often think) in bullet points. Anything more literate is daunting and takes forever. I was once articulate, sociable, intelligent and creative. I now struggle to create even sentences to write let alone anything else, I can never find the words and I avoid most social contact. I now get angry very quickly, then it disappears. I don't really live any more, I exist through each day, held together with sellotape and string. Maybe depression too.

2) Dental history (wisdom teeth removed? First root canal placed? Braces? First amalgam etc...)

My amalgams began being placed 20 or so years ago.

3 out of 4 wisdom teeth have been removed over the years

Many years ago I had a couple of fillings replaced with more amalgam.

3.5 years ago whilst 7 months pregnant I had 2 abscesses, one was root filled (topped again with amalgam), both were subsequently removed.

Four years ago I had almost all of 13 amalgams removed within a couple of weeks and replaced with more amalgam. This included a root filling and 4 crowns. This is when I really started to get sick.

3) What dental work do you currently have in place? What part of the dental cleanup have you completed?

All the amalgam was removed 6 weeks ago and temporary crowns placed until I can afford proper ones.

4) What dentistry did your mother have at any time before or during pregnancy?

She had a 'mouthful' of amalgam, we're not sure exactly but it was most, if not all of her back teeth.

5) What vaccinations have you had and when (including flu and especially travel shots)?

All the usual 1970's UK shots plus 2/3 tetnus, 4 flu shots, & whatever I needed to go to SE Asia in the early 90's.

6) Supplements and medications (including dosages) taken at time of hair test, or for the 3-6 months before the sample was taken.

None prior to hair test

7) Other information you feel may be relevant?

1 week after amalgam removal I began AC chelation. 12.5mg DMSA 4 hourly for 3 days. I quickly dropped the dose to 3mg 3 hourly. The fatigue/sickness was so bad on the last round I had to stop early.

Female, aged 37, Edinburgh UK.

8) What is your location - city & country (so that we can learn where certain toxins are more prevalent).

I grew up in North Wales but have been living in Edinburgh (UK) for 5 years.