



PATIENT: Number 563
 SEX: Male
 AGE: 32

Toxic & Essential Elements; Hair

TOXIC METALS			
	RESULT µg/g	REFERENCE INTERVAL	PERCENTILE 68 th 95 th
Aluminum (Al)	0.9	< 7.0	
Antimony (Sb)	0.010	< 0.066	
Arsenic (As)	0.037	< 0.080	
Barium (Ba)	0.06	< 1.0	
Beryllium (Be)	< 0.01	< 0.020	
Bismuth (Bi)	0.003	< 2.0	
Cadmium (Cd)	< 0.009	< 0.065	
Lead (Pb)	0.65	< 0.80	
Mercury (Hg)	0.39	< 0.80	
Platinum (Pt)	< 0.003	< 0.005	
Thallium (Tl)	< 0.001	< 0.002	
Thorium (Th)	< 0.001	< 0.002	
Uranium (U)	0.007	< 0.060	
Nickel (Ni)	0.03	< 0.20	
Silver (Ag)	0.01	< 0.08	
Tin (Sn)	0.06	< 0.30	
Titanium (Ti)	0.27	< 0.60	
Total Toxic Representation			

ESSENTIAL AND OTHER ELEMENTS			
	RESULT µg/g	REFERENCE INTERVAL	PERCENTILE 2.5 th 16 th 50 th 84 th 97.5 th
Calcium (Ca)	371	200- 750	
Magnesium (Mg)	72	25- 75	
Sodium (Na)	28	20- 180	
Potassium (K)	16	9- 80	
Copper (Cu)	13	11- 30	
Zinc (Zn)	200	130- 200	
Manganese (Mn)	0.05	0.08- 0.50	
Chromium (Cr)	0.48	0.40- 0.70	
Vanadium (V)	0.016	0.018- 0.065	
Molybdenum (Mo)	0.043	0.025- 0.060	
Boron (B)	0.55	0.40- 3.0	
Iodine (I)	0.11	0.25- 1.8	
Lithium (Li)	< 0.004	0.007- 0.020	
Phosphorus (P)	193	150- 220	
Selenium (Se)	0.73	0.70- 1.2	
Strontium (Sr)	0.78	0.30- 3.5	
Sulfur (S)	48100	44000- 50000	
Cobalt (Co)	0.003	0.004- 0.020	
Iron (Fe)	7.1	7.0- 16	
Germanium (Ge)	0.059	0.030- 0.040	
Rubidium (Rb)	0.013	0.011- 0.12	
Zirconium (Zr)	0.022	0.020- 0.44	

SPECIMEN DATA		RATIOS	
COMMENTS:		ELEMENTS	RATIOS
Date Collected: 11/15/2011	Sample Size: 0.199 g	Ca/Mg	5.15
Date Received: 11/25/2011	Sample Type: Head	Ca/P	1.92
Date Completed: 11/26/2011	Hair Color: Black	Na/K	1.75
Methodology: ICP/MS	Treatment:	Zn/Cu	15.4
	Shampoo: Pure Olive Oil Soap	Zn/Cd	> 999
		RANGE	
			4- 30
			0.8- 8
			0.5- 10
			4- 20
			> 800

Health history for hair test 563

What are your current symptoms and health history?

My current symptoms are soft but just because I keep a very strict diet and habits to reduce stress and avoid candida overgrowth. If I don't do so, then panic attacks, and weight loss might happen in a short period of time after leaving my routine.

Dental history (Wisdom teeth removed and when? Any other extractions. First root canal placed? Braces? First amalgam etc...)

1997 (age 17) - first dental work done, some fillings, one of the amalgam
2001 (age 21) - one root canal filled with amalgam and another two amalgams placed.
2007 (age 27) - some dental work done, without any amalgam or root canal. Ground mouth cleaning.
2008 (29) - Extraction of upper right wisdom tooth. Ground mouth cleaning.
2011 - March - extraction of lower right wisdom tooth // june to september - extraction of all amalgams // november (shotly after hair test) extraction of the other two wisdom teeth.

What dental work do you currently have in place? What part of the dental clean-up have you completed?

Currently I have 4 filling with DRM Diamond Lite (replacement of Amalgams), and another 2 composite fillings.

What dentistry did your mother have at any time before or during pregnancy?

none

What vaccinations have you had and when (including flu and especially travel shots)?

Before Birth - My mother got some gammaglobulin as she was pregnant because my sister had German measles
Birthdate 09.1979
DD/MM/YYYY
11.01.1980 - Polio/Diphtheria/Tetanus/whooping cough
04.03.1980 - Polio/Diphtheria/Tetanus/whooping cough
23.10.1980 - Polio/Diphtheria/Tetanus/whooping cough
23.10.1980 - measles
10.04.1981 - Polio/Diphtheria/Tetanus
01.10.1989- Polio/Tetanus
05.1989 - Tetanus
11.12.1992 - Polio/Tetanus
03.03.1998 - FSME
01.4.1998 - FSME

Supplements and medications (including dosages) taken at time of hair test, or for the 3-6 months before the sample was taken?

I cut my hair last time on the 28. of september before doing the test

Since 3 years ago I've been taking many different supplements, mainly helping to repair the Gut

(Glutamine + Others), fighting against Yeast (Grapefruit + some homeopathic) and support for liver function (Milk Thistle).

since 15 October I started with Cutlers protocol taking all supplements shown in the list of Frequent Dose Chelation with the dosage shown + Germanium (stopped Germanium just after cutting the hair for the test).

I did 2 rounds on DMPS in this period. 1st round: 5 days on 6mg DMPS every 8 hours. 2nd round: 13 days on 20 mg DMPS every 8 hours

Before that I was taking digestive enzymes (dosage depending on how digestion developed) and intestinal-flora (same dosage) during the 6 months before test (more or less) and selenium (200mcg x day) and Vit C (1 gram x day) since May, just before the extraction of amalgam.

Before the first test I was taking during the 3 months before the test, Solgar Male multiple, Digestive Enzymes, Milk thistle, Glutamine, Garlic capsules and intestinal-Flora in high doses.

After the first test was taking huge amounts of Zinc, Magnesium:Calcium 2:1 Solgar (2xday); Vit A (3 drops a day), General complex with vitamins and minerals, enzymes and Milk thistle ... this solved the problems for some months.

What is your age, height and weight?

age: 32 // height: 1,74 cm // Weight: 59,0 Kg (ranging from 58 to 61,5 kg during last 2 years)

Other information you feel may be relevant?

Did self testing for adrenals with positive results. Testing temperature came also possible thyroid problems.

Although never needing to go to the doctor as a child, I had many of the symptoms of mercury poisoning, Psychological and Physiological like extreme shyness, suicide thoughts, heavy stomach and intestinal pains, anxiety attacks, angina, ... which got better during puberty, and again worst after amalgam placed at age 21 until total collapse at age 29.

What is your location – city & country (so that we can learn where certain toxins are more prevalent).

Vienna, Austria but for the records, I'm from Seville (Spain), living there until 18 ... afterwards 1 year in Austria, 2 years in Seville again, the 1 year in Vienna (Austria) where I got most of the amalgams, 2 years in Seville again and afterwards was living during 4 years in Barcelona (Spain), from Barcelona to Edinburgh (UK) where I lived 2 years and got very sick, after being so sick got back during 1 year to Seville (Spain) and currently living in Vienna (Austria) since 1 year ago. My toxins are a reflection of Europe's toxicity.

In Edinburgh I realised just before living that my drinking water was coming from a lead tank in the bathroom.