

Toxic & Essential Elements; Hair

Al298c caps + Brocc. Max on Indole 3 carbinal

Doctors

TOXIC METALS			
		RESULT µg/g	REFERENCE INTERVAL
Aluminum (Al)		9.8	< 7.0
Antimony (Sb)		0.011	< 0.050
Arsenic (As)		0.025	< 0.060
Barium (Ba)		2.2	< 2.0
Beryllium (Be)		< 0.01	< 0.020
Bismuth (Bi)		0.042	< 2.0
Cadmium (Cd)		0.037	< 0.050
Lead (Pb)		0.46	< 0.60
Mercury (Hg)		0.07	< 0.80
Platinum (Pt)		< 0.003	< 0.005
Thallium (Tl)		< 0.001	< 0.002
Thorium (Th)		< 0.001	< 0.002
Uranium (U)		0.058	< 0.060
Nickel (Ni)		0.09	< 0.30
Silver (Ag)		0.01	< 0.15
Tin (Sn)		0.05	< 0.30
Titanium (Ti)		0.22	< 0.70
Total Toxic Representation			

PERCENTILE 68th 95th

Metal Away + EDTA soap + Al298c cap

Pot citrate

Zinc lozenges + EDTA soap

SHMT spray

ESSENTIAL AND OTHER ELEMENTS			
		RESULT µg/g	REFERENCE INTERVAL
Calcium (Ca)		579	300- 1200
Magnesium (Mg)		21	35- 120
Sodium (Na)		77	20- 250
Potassium (K)	eat bananas	39	8- 75
Copper (Cu)		15	11- 37
Zinc (Zn)		230	140- 220
Manganese (Mn)		0.13	0.08- 0.60
Chromium (Cr)		0.29	0.40- 0.65
Vanadium (V)		0.016	0.018- 0.065
Molybdenum (Mo)		0.031	0.020- 0.050
Boron (B)		0.81	0.25- 1.5
Iodine (I)		1.7	0.25- 1.8
Lithium (Li)	Be Calm Spray	0.024	0.007- 0.020
Phosphorus (P)		157	150- 220
Selenium (Se)		1.1	0.55- 1.1
Strontium (Sr)		3.0	0.50- 7.6
Sulfur (S)		48600	44000- 50000
Cobalt (Co)		0.006	0.005- 0.040
Iron (Fe)		6.5	7.0- 16
Germanium (Ge)		0.024	0.030- 0.040
Rubidium (Rb)		0.053	0.007- 0.096
Zirconium (Zr)		0.030	0.020- 0.42

PERCENTILE 2.5th 16th 50th 84th 97.5th

Magn Citrate

Zinc lozenges

All in One

As/Pot MitoTone

OraTplex

SPECIMEN DATA		RATIOS		
COMMENTS:		ELEMENTS	RATIOS	RANGE
Date Collected: 07/29/2013	Sample Size: 0.2 g	Ca/Mg	27.6	4- 30
Date Received: 08/02/2013	Sample Type: Head	Ca/P	3.69	1- 12
Date Completed: 08/04/2013	Hair Color: Brown	Na/K	1.97	0.5- 10
Methodology: ICP/MS	Treatment:	Zn/Cu	15.3	4- 20
	Shampoo: Desert Essence	Zn/Cd	> 999	> 800

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As always, work with your Doctor. With love & hope, Dr. Amy

PS/PEPC + DHA + All in One

Health history for hair test 842

1. What are your current symptoms and health history?

slowed speech & hoarseness of voice
periods of trouble swallowing – off and on
dry eyes & dry mouth
shortness of breath
sinuses clog up when laying down (only one side at a time)
muscle weakness / trouble standing up and climbing stairs
trouble standing for longer than 5 minutes / causes muscle stiffness & numbness
balance issues when walking / pitching forward
headaches
muscle twitching / electrical shocks
tight muscles
waking at night to urinate
nighttime waking due to overheating
fatigue
cry easily

2. Dental history (Wisdom teeth removed and when? Any other extractions. First root canal placed? Braces? First amalgam etc...)

Wisdom teeth removed 1980?
4 other teeth extracted due to crowding
braces 2 times – straightening & TMJ
No root canals
first amalgam? very young – before adult teeth?
6 large fillings in molars improperly removed and replaced with high content (78%)
nickel base-porcelain crowns

3. What dental work do you currently have in place? What part of the dental clean-up have you completed?

All amalgam and crowns replaced / last 2 crowns (high nickel content & amalgam underneath) replaced July 11, 2013

4. What dentistry did your mother have at any time before or during pregnancy?

Do not know exactly what dental work mother had (she did have some), but she went to dental school and was a dental assistant for 5-8 years before I was born (handled amalgam).

5. What vaccinations have you had and when (including flu and especially travel shots)?

All standard shots given in late 60s, 70s, early 80s. Also had tetnus shots every other year due to summer camp in junior high and high school. Had one flu shot in 2004(?) and had a reaction.

6. Supplements and medications (including dosages) taken at time of hair test, or for the 3-6 months before the sample was taken?

Adrenal Cortex 300mg
magnesium 1000mg

vitamin C 4000mg
vitamin D3 10,000IU
vitamin E 800IU
acetyl-L-carnitine 500mg
turmeric 1.44g
benfotiamine 300mg
vitamin B2 200mg
metafolin 800mg
biotin 10mg
potassium 495mg
zinc 50mg
omega-3 1200mg
vitamin C powder in water

7. What is your age, height and weight?

46 yrs, 5'3" height, 230 lbs.

8. Other information you feel may be relevant?

Have recently started on bio-identical hormones under doctor's care – on 1 month at time of hair test.

Have also had vitamin D deficiency in 2010.

Have had MRI and have ruled out MS (no lesions, tumors or malformations)

Doctors have also ruled out myasthenia gravis.

9. What is your location – city & country (so that we can learn where certain toxins are more prevalent).

Huntsville, Texas (Have lived in Texas entire life – Pasadena, Huntsville, Dallas, Richardson)