

15 Fatigue 15

**Toxic & Essential Elements; Hair**

an issue consider Black Bear & watch for new Fatigue Formula coming soon

TOXIC METALS			PERCENTILE	
	RESULT µg/g	REFERENCE INTERVAL	68 <sup>th</sup>	95 <sup>th</sup>
Aluminum (Al)	8.4	< 7.0		
Antimony (Sb)	0.025	< 0.050		
Arsenic (As)	0.025	< 0.060		
Barium (Ba)	0.40	< 2.0		
Beryllium (Be)	< 0.01	< 0.020		
Bismuth (Bi)	0.023	< 2.0		
Cadmium (Cd)	0.026	< 0.050		
Lead (Pb)	1.1	< 0.60		
Mercury (Hg)	0.33	< 0.80		
Platinum (Pt)	< 0.003	< 0.005		
Thallium (Tl)	< 0.001	< 0.002		
Thorium (Th)	0.001	< 0.002		
Uranium (U)	0.002	< 0.060		
Nickel (Ni)	0.36	< 0.30		
Silver (Ag)	0.35	< 0.15		
Tin (Sn)	0.46	< 0.30		
Titanium (Ti)	0.36	< 0.70		
Total Toxic Representation				

Al 2.980 cap  
+ Metal Away  
+ EDTA soap  
is needed consider homeopathic BH4  
EDTA soap  
+ Metal Away  
Nettle  
+ Neem

ESSENTIAL AND OTHER ELEMENTS			PERCENTILE				
	RESULT µg/g	REFERENCE INTERVAL	2.5 <sup>th</sup>	16 <sup>th</sup>	50 <sup>th</sup>	84 <sup>th</sup>	97.5 <sup>th</sup>
Calcium (Ca)	208	300- 1200					
Magnesium (Mg)	83	35- 120					
Sodium (Na)	7	20- 250					
Potassium (K)	3	8- 75					
Copper (Cu)	41	11- 37					
Zinc (Zn)	210	140- 220					
Manganese (Mn)	0.33	0.08- 0.60					
Chromium (Cr)	0.40	0.40- 0.65					
Vanadium (V)	0.053	0.018- 0.065					
Molybdenum (Mo)	0.035	0.020- 0.050					
Boron (B)	0.62	0.25- 1.5					
Iodine (I)	1.4	0.25- 1.8					
Lithium (Li)	0.007	0.007- 0.020					
Phosphorus (P)	145	150- 220					
Selenium (Se)	0.37	0.55- 1.1					
Strontium (Sr)	0.92	0.50- 7.6					
Sulfur (S)	45400	44000- 50000					
Cobalt (Co)	0.018	0.005- 0.040					
Iron (Fe)	13	7.0- 16					
Germanium (Ge)	0.032	0.030- 0.040					
Rubidium (Rb)	0.007	0.007- 0.096					
Zirconium (Zr)	0.082	0.020- 0.42					

calcium gluconate  
Potassium support  
+ All in One  
Be Calm + All in One  
+ Metal Away  
work on potassium

SPECIMEN DATA	
<b>COMMENTS:</b>	
Date Collected: 07/30/2013	Sample Size: 0.162 g
Date Received: 08/05/2013	Sample Type: Head
Date Completed: 08/08/2013	Hair Color: Blond
Methodology: ICP/MS	Treatment:
	Shampoo: Moo Goo

RATIOS		
ELEMENTS	RATIOS	RANGE
Ca/Mg	2.51	4- 30
Ca/P	1.43	1- 12
Na/K	2.33	0.5- 10
Zn/Cu	5.12	4- 20
Zn/Cd	> 999	> 800

Work with your doctor as always

As always, work with your Doctor  
With love & hope, Dr. Amy

## **Health history for hair test 959**

I have attached my heavy metal hair test, which was done at the end of last year. I am a 25yo female, 5'5" 65kg, living in Kapunda, South Australia.

I have no fillings. Had braces for 3years which if I remember correctly,were put in 2001. In Nov 2010 I had a root canal done in usa, which followed having the tooth extracted back home in Jan 2011. Mom has several amalgam fillings which are still in place.

The only vaccination I can remember having is the cervical cancer vaccination, which I had the 1st & 2nd dose that made me sick so I didn't go get the 3rd dose.

Symptoms; headache, migraine, itchy dry skin; depression; suicidal thoughts; anxiety; mood swings; nausea; weakness; fatigue; sweating; dry mouth; PMS; severe food intolerance; achey joints; poor hair skin & nails; tingly body; low temp; inflamed sinus; fibromyalgia(severe leg cramps); IBS; poor speech coordination; ammonia smelling urine; itchy gums, sensitive teeth;vivid dreams, nightmares; brain fog; indecisiveness; weight gain; abdominal bloating; random sharp pains; poor memory.

I don't even know where to begin the journey to healing...are you able to help me find a suitable practitioner or help with what direction to go in?